

# 2020 LEAD EXPOSURE DATA BRIEF FOR THE GREATER NASHUA REGION

In 2020, in the Greater Nashua Region 65 children, 72 months or younger, had blood levels high enough to impair their ability to think, learn, and concentrate.

Pediatric blood lead level testing rates across the region and the State dropped due to the COVID-19 pandemic.





#### Percent of Children Tested per New Hampshire Screening and Management Guidelines





In 2020, 75% of one year–old (12–23 month–old) children residing in the Greater Nashua Region were tested for lead in their blood (1,552 of an estimated 2,067 children).

Percent of Two-Year-Old Children Tested for Blood Lead



In 2020, 62% of two year–old (24–35 month–old) children residing in the Greater Nashua Region were tested for lead in their blood (1,371 of an estimated 2,201 children).

In 2018, New Hampshire passed a state law requiring providers to conduct blood lead level tests for all one and two year–old children.

## **Childhood Lead Exposure by Town**

TOWN	AGE GROUP (IN MONTHS)	POPULATION DPHS ESTIMATE 2019	NUMBER TESTED 2020	NUMBER WITH EBLL 5+ µg/dL 2020 ONLY	NUMBER WITH EBLL 5+ µg/dL 2016–2020
AMHERST	0 to 72	606	169	< 5	9
	12 to 23		86	0	< 5
	24 to 35		66	< 5	5
BROOKLINE	0 to 72	360	97	< 5	7
	12 to 23		42	< 5	< 5
	24 to 35		38	0	< 5
HOLLIS	0 to 72	309	114	0	< 5
	12 to 23		43	0	0
	24 to 35		53	0	< 5
HUDSON	0 to 72	1597	402	0	12
	12 to 23		161	0	< 5
	24 to 35		158	0	6
LITCHFIELD	0 to 72	518	104	< 5	< 5
	12 to 23		48	0	< 5
	24 to 35		50	< 5	< 5
MERRIMACK	0 to 72	1511	415	6	15
	12 to 23		192	< 5	8
	24 to 35		189	< 5	6
MILFORD	0 to 72	1018	236	6	21
	12 to 23		108	< 5	9
	24 to 35		97	< 5	9
PELHAM	0 to 72	865	215	< 5	5
	12 to 23		73	0	< 5
	24 to 35		78	0	< 5
NASHUA	0 to 72	5899	1538	45	258
	12 to 23		737	27	126
	24 to 35		595	10	69
NE NASHUA	0 to 72	968	240	13	64
	12 to 23		124	9	30
	24 to 35		88	< 5	18
NW NASHUA	0 to 72	1070	242	< 5	22
	12 to 23		110	< 5	11
	24 to 35		88	< 5	5
SE NASHUA	0 to 72	2117	578	21	122
	12 to 23		288	12	61
	24 to 35		230	6	33
SW NASHUA	0 to 72	1745	478	7	50
	12 to 23		215	< 5	24
	24 to 35		189	0	13
GREATER NASHUA	0 to 72	13151	3410	65	353
	12 to 23		1552	33	168
	24 to 35		1371	22	109

Childhood blood lead test data is from the Division of Public Health Services, Healthy Homes and Lead Poisoning Prevention Program. Elevated blood lead levels (EBLL) 5+  $\mu$ g/dL is defined as a venous or capillary blood test with a result of 5 micrograms per deciliter ( $\mu$ g/dL) or higher. Exact numbers cannot be reported when there are 1–4 cases due to suppression guidelines to protect privacy.

### **Characteristics Associated with Increased Risk of Childhood Lead Exposure**

TOWN	POPULATION UNDER 6 YO PERCENT (%)	HOUSING UNITS BUILT PRE-1950 PERCENT (%)	HOUSEHOLDS MOVED IN LAST YEAR PERCENT (%)	RENTED HOUSING UNITS W/ CHILDREN UNDER 6 YO PERCENT (%)	UNDER 6 YO LIVING BELOW FED. POVERTY LEVEL PERCENT (%)	UNDER 6 YO IN WITH NO HEALTH INSURANCE PERCENT (%)
AMHERST	7 ± 2	14 ± 5	1 ± 2	13 ± 12	3±5	0 ± 2
BROOKLINE	7 ± 2	11 ± 4	0 ± 1	0 ± 6	0 ± 5	0 ± 5
HOLLIS	5 ± 2	16 ± 7	4 ± 3	0 ± 9	0 ± 5	0 ± 5
HUDSON	5 ± 1	9 ± 3	2 ± 1	12 ± 11	4 ± 6	2 ± 4
LITCHFIELD	7 ± 2	6 ± 7	3 ± 3	9 ± 13	0 ± 3	2 ± 5
MERRIMACK	6 ± 1	5 ± 2	2 ± 2	11 ± 10	1 ± 2	2 ± 3
MILFORD	7 ± 2	23 ± 4	10 ± 5	31 ± 14	7 ± 9	1 ± 3
PELHAM	7 ± 1	9 ± 3	3 ± 2	11 ± 10	1 ± 3	1 ± 3
NASHUA	7 ± 1	22 ± 2	6 ± 1	56 ± 7	10 ± 5	1 ± 1
NE NASHUA	5 ± 1	44 ± 5	5 ± 3	34 ± 17	7 ± 7	0 ± 3
NW NASHUA	5 ± 2	3 ± 2	4 ± 3	52 ± 24	2±5	5 ± 8
SE NASHUA	7 ± 1	34 ± 4	3 ± 2	66 ± 15	9 ± 7	0 ± 2
SW NASHUA	8 ± 1	2 ± 1	7 ± 3	43 ± 17	4 ± 4	2 ± 2
GREATER NASHUA	6 ± 0	17 ± 1	4 ± 1	34 ± 5	6 ± 2	1 ± 1

Many factors that increase the risk of a child being exposed to lead are related directly to the child's environment. Where a child and their family members live, learn, work, and play directly impact a child's risk of being exposed to lead. This exposure is primarily through coming into contact with lead dust. Living or attending childcare in pre–1978 housing increases risk as lead paint was not banned until 1978. Lead can also come from drinking water, toys, and cultural cosmetics and medicine.

The data in the table above is to help you understand the risks in your community that contribute to childhood lead poisoning and is from the 5-Year American Community Survey for 2016–2020.

Percent 'Rented Housing' was calculated from housing units with known occupancy status and age of occupants. Percent 'Living Below Poverty Level' was calculated from children in households with income less than the federal poverty level for whom poverty status was determined. When there is insufficient data to present an accurate percent range, 'Not Available' is displayed.

### **Childhood Lead Exposure**





## Number of Children 0 to 72 Months Old with Elevated Blood Lead Levels $5+ \mu g/dL$ by Town (or Census Tract) in the Greater Nashua Region, 2016–2020





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