New Hampshire High School Survey

Total Injury	y and V	iolence			Heal	th Risk	Behavi	ior and	Percen	itages						Linear Change [*]	Quadratic Change*	Change from
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			2019-2021 *
QN8:	Percent	tage of s	students	who di	d not al	ways w	ear a se	at belt (when ri	ding in	a car dr	iven by	someor	ne else)				
	73.0	70.1				53.6	50.6	46.1	46.7	44.6	42.8	39.9	37.2	32.6	32.6	Decreased, 1993-2021	Decreased, 1993-2015 Decreased, 2015-2021	No change
	Percent times du						r who h	ad beer	drinkir	ng alcoh	ol (in a	car or o	other ve	hicle, oi	ne or			
	30.8	31.5				24.7	21.6	25.4	23.2	22.7	17.4	15.8	14.4	14.9	15.1	Decreased, 1993-2021	Decreased, 1993-2017 No change, 2017-2021	No change

New Hampshire High School Survey

Trend Analysis Report

					Healt	th Risk	Behavio	or and l	Percent	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
times		he 30 da					ther vehi students											
											8.4	6.3	5.8	4.7	4.6	Decreased, 2013-2021	Not available [§]	No change
							ed while driven a									· · · · · ·		
											47.7	43.7	41.7	44.2	42.9	Decreased, 2013-2021	Not available	No change
													-	-				
			student s before			a weapo	on on sch	ool proj	perty (s	uch as	a gun, k	nife, or	club, o	n at leas	st 1			

New Hampshire High School Survey

Trend Analysis Report

Total Injury	and V	iolence																
					Healt	th Risk	Behavi	or and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
							hool bec he surve		ey felt	unsafe a	at schoo	l or on	their wa	y to or	from			
	3.9	2.7				2.8	5.9	4.5	4.5	4.9	5.7	5.4	5.2	6.9	9.6	Increased, 1993-2021	Increased, 1993-2017 Increased, 2017-2021	Increased
-		U					or inju		-	on on s	school p	oroperty	(such a	s a gun	, knife,			
													6.7	6.4	6.8	No linear change	Not available [§]	No change
-	Percei s before	0		ts who v	were in	a physic	cal fight	on sch	ool prop	perty (o	ne or m	ore time	es durin	g the 12	2			
														7.9	4.9	Decreased, 2019-2021	Not available	Decreased

New Hampshire High School Survey

Trend Analysis Report

					Heal	th Risk	Behavi	or and	Percent	tages					Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013 202	5 2017	2019	2021			
2N19	: Perce	ntage of	f studen	ts who	were ev	er physi	cally fo	rced to	have sez	xual inte	rcourse (wl	en they d	lid not w	ant to)			
						5.4	5.2	7.2	7.0	6.1	5.7 6.	5.8	6.7	8.8	No linear change	No quadratic change	Increased
uch th	nings as	s kissing	g, touchi	ing, or t	being ph	ysically	forced				nyone to de rse] that the						
such the	nings as	s kissing		ing, or t	being ph	ysically	forced								Increased,	Not available [§]	Incr
QN21 going interco	more the second	s kissing imes du ntage of h to do s hat they	g, touchi ring the f studen sexual the did not	ts who of hings [c] want to	experier ounting o do, on	nysically ore the s	tual dati ings as re times	to have ng viole kissing, during	sexual : ence (be	intercour ing force ng, or bei nonths b		y did not 9.5 one they v ly forced	want to 10.1 were dat to have	do, 11.4 ing or sexual	Increased, 2017-2021	Not available [§]	Increa

New Hampshire High School Survey

Total Injury	and V	iolence																
					Healt	th Risk	Behavi	or and l	Percer	ntages						Linear Change [*]	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
someo with a	ne they n object	were da or wea	ating or pon] on	going o e or mo	out with ore times	[counti s during	ng such	ating vio things a months l vey)	s bein	ıg hit, sl	ammed	into sor	nething	, or inju				
											7.4	7.8	7.9	7.0	8.7	No linear change	Not available [§]	Increased
QN23	Percei	ntage of	studen	ts who v	were bu	llied on	school j	property	(ever	during	the 12 n	nonths l	before t	he surve	y)			
									22.1	25.3	22.8	22.1	21.4	23.0	20.0	Decreased, 2009-2021	No quadratic change	Decreased
-		•					•	ied (cou before t	0	•	ullied th	rough to	exting,	Instagra	m,			
										21.6	18.1	18.6	19.0	20.1	21.8	No linear change	Decreased, 2011-2015 Increased, 2015-2021	Increased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. ^{*}Based on t-test analysis, p < 0.05. [§]Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Total Injury	and V	iolence																
					Heal	th Risk	Behavi	or and	Percen	itages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
						or hope 12 mon				for >=2	weeks	in a rov	w so tha	t they st	opped			
						28.0	24.9	24.6	25.1	25.2	25.4	27.2	28.0	33.6	44.2	Increased, 2003-2021	No change, 2003-2017 Increased, 2017-2021	Increased
QN26:	Percei	ntage of	f studen	ts who s	seriousl	y consid	lered at	emptin	g suicid	le (durir	ig the 12	2 month	hs befor	e the su	rvey)			
	26.1	26.0				17.8	14.0	13.7	12.1	14.3	14.4	15.3	16.1	18.4	24.7	Decreased, 1993-2021	Decreased, 1993-2013 Increased, 2013-2021	Increased
QN27: the sur		ntage of	f studen	ts who i	made a j	plan abo	out how	they w	ould att	empt su	icide (d	luring tl	he 12 m	onths be	efore			
														13.3	19.3	Increased, 2019-2021	Not available [§]	Increased
QN28: survey		ntage of	f studen	ts who a	actually	attempt	ted suic	ide (one	e or moi	re times	during	the 12	months	before t	he			
	10.1	8.6				7.7	7.1	5.5	4.7	6.1	6.7	6.8	5.9	7.0	9.8	Decreased, 1993-2021	Decreased, 1993-2017 Increased, 2017-2021	Increased

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

New Hampshire High School Survey

Total Injury	y and V	iolence			Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [*]	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
		ntage of a doctor								n injury	, poisoi	ning, or	overdo	se that h	ad to			
	2.8	2.8				2.5	1.6	2.2	1.6	2.4	2.5	2.5	2.0	2.0	2.8	Decreased, 1993-2021	Decreased, 1993-2017 Increased, 2017-2021	Increased

New Hampshire High School Survey

Trend Analysis Report

Total Tobac	co Use																	
					Heal	th Risk	Behavi	or and	Percen	itages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 *
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
											ng e-cig e, and bl		, vapes,	vape pe	ens,			
													41.1	49.8	31.0	Decreased, 2017-2021	Not available [§]	Decreased
bens, e	e-cigars,	, e-hook		okah pe	ens, and						cluding , Vuse, a							
U		2		5								25.0	23.8	33.8	16.2	Decreased, 2015-2021	Not available	Decreased
			ige of st fore the			rrently u	ised elec	etronic ^y	vapor p	roducts	frequen	tly (on	20 or n	ore day	'S			
												4.2	5.7	13.5	7.2	Increased, 2015-2021	Not available	Decreased

New Hampshire High School Survey

Trend Analysis Report

Total Tobac	co Use																	
					Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
	YEVP: efore th			f studen	ts who	currentl	y used e	electron	ic vapor	produc	cts daily	(on all	30 days	s during	the 30			
												3.0	4.0	9.5	5.3	Increased, 2015-2021	Not available [§]	Decreased

New Hampshire High School Survey

Trend Analysis Report

Total Alcoho	ol and (Other I	Drug Us	se	Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [*]	Quadratic Change*	Change from
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			2019-2021 [†]
	Perce						rink of a					-						
	31.0	26.9				25.8	19.3	18.1	14.8	14.3	11.9	10.8	10.7	10.4	10.0	Decreased, 1993-2021	No quadratic change	No change
-		ntage of e the su		ts who o	currentl	y drank	alcohol	(at leas	st one di	rink of a	alcohol,	on at le	ast 1 da	y durin	g the			
	49.5	53.1				47.1	44.0	44.8	39.3	38.4	32.9	29.9	29.6	26.8	21.3	Decreased, 1993-2021	Decreased, 1993-2007 Decreased, 2007-2021	Decreased
were fe	emale o	or five o		drinks o	of alcoho		binge dr ow if the											
U		-		J	-									14.4	11.2	Decreased, 2019-2021	Not available [§]	Decreased

New Hampshire High School Survey

Trend Analysis Report

Total Alcohol	and C)ther I	Orug Us	e														
					Heal	th Risk	Behavi	ior and	Percen	itages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991 1	993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN44: F days befo		U				0		-	2	someon	e giving	g it to th	em (dui	ring the	30			
								32.7	31.1	33.0	40.3	42.3	40.1	35.9	40.5	Increased, 2007-2021	No quadratic change	Increased
QN46: F	Percen	tage of	studen	ts who t	tried ma	rijuana	for the	first tin	ne befor	e age 13	3 years	-	·	-				
,	7.0	6.2				11.1	7.1	7.9	8.4	7.7	6.6	6.1	5.3	4.7	4.3	Decreased, 1993-2021	Increased, 1993-2003 Decreased, 2003-2021	No change
QN47: F	Percen	tage of	studen	ts who o	currentl	y used r	narijuar	na (one	or more	e times c	luring t	he 30 da	ays befo	ore the s	urvey)			
2	20.9	27.7				30.6	25.9	22.9	25.6	28.4	24.4	22.2	23.1	26.1	17.8	Decreased, 1993-2021	Decreased, 1993-2017 Decreased, 2017-2021	Decreased
QN48: F	Percen	tage of	studen	ts who e	ever use	d synth	etic ma	rijuana	(one or	more ti	mes dur	ing thei	r life)					
												9.2	5.6	8.6	10.1	Increased, 2015-2021	Not available [§]	Increased
						-									-			

 * Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. * Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Total Alcohol	l and C)ther D	orug Us	e														
					Heal	th Risk	Behavi	ior and	Percer	ntages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN52: times du				ts who e	ever use	d heroii	n (also d	called "	smack,'	' "junk,'	' or "Ch	ina Wh	ite," one	e or moi	е			
						2.3	2.1	3.0	3.0	3.6	2.7	2.4	1.8	1.5	1.4	Decreased, 2003-2021	No change, 2003-2011 Decreased, 2011-2021	No change
QN53: or "metl							ampheta	mines	(also ca	lled "sp	eed," "c	rystal n	neth," "c	crank,"	"ice,"			
						7.4	5.5	5.6	4.7	4.2	2.9	2.5	1.8	1.7	1.6	Decreased, 2003-2021	No quadratic change	No change
QN54: their life		tage of	student	ts who e	ever use	d ecstas	sy (also	called	"MDM/	A" or "N	Aolly," o	one or n	nore tin	nes duri	ng			
						10.3	5.5	6.4	6.8	8.7	7.4	4.5	3.0	2.4	2.5	Decreased, 2003-2021	No change, 2003-2011 Decreased, 2011-2021	No change
QN56: months				ts who	were off	fered, so	old, or g	iven ar	illegal	drug or	school	propert	y (durin	ng the 12	2			
	25.7	32.0				28.2	26.9	22.5	22.1	23.1	20.1	16.5	16.3	20.3	15.9	Decreased, 1993-2021	Decreased, 1993-2015 No change, 2015-2021	Decreased

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

New Hampshire High School Survey

Trend Analysis Report

Sexual	l Behav	iors			Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [*]	Quadratic Change*	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN57:	Percer	ntage of	studen	ts who e	ever had	d sexual	interco	urse										
	54.3	46.4				41.5	42.7	44.7	46.3	47.5	42.8	39.4	38.9	39.8	29.3	Decreased, 1993-2021	Decreased, 1993-2017 Decreased, 2017-2021	Decreased
QN58:	Percer	ntage of	studen	ts who l	had sex	ual inter	course	for the f	first tim	e before	e age 13	years						
	7.7	5.4				3.9	2.8	4.2	4.3	4.5	4.0	2.8	2.4	2.3	2.3	Decreased, 1993-2021	No quadratic change	No change
QN59:	Percer	ntage of	studen	ts who l	had sex	ual inter	course	with fou	ir or mo	ore perso	ons duri	ng their	life					
													8.6	7.2	4.9	Decreased, 2017-2021	Not available [§]	Decreased
	Percer the 3 m					rrently	sexually	active	(had see	xual inte	ercourse	with at	least o	ne perso	on,			
	37.2	33.8				31.1	33.0	34.1	36.3	37.1	35.2	31.3	29.8	29.7	21.3	Decreased, 1993-2021	Decreased, 1993-2017 Decreased, 2017-2021	Decreased

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Total

[§]Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Sexual Behaviors Health Risk Behavior and Percentages Linear Change* Quadratic Change* Change from 2019-2021 * 1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017 2019 2021 QN61: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active) 21.9 22.6 21.6 18.6 24.3 21.4 22.7 20.7 18.9 18.7 19.6 19.0 Decreased, No quadratic change No change 1993-2021 QN62: Percentage of students who used a condom during last sexual intercourse (among students who were currently sexually active) 51.1 51.5 56.4 64.7 64.2 56.8 60.8 55.2 60.2 59.5 55.3 51.5 Increased, 1993-2007 Decreased Increased. 1993-2021 Decreased, 2007-2021 QN83: Percentage of students who were tested for a sexually transmitted disease (STD) other than HIV, such as chlamydia or gonorrhea (during the 12 months before the survey) 9.2 5.7 Decreased. Not available§ Decreased 2019-2021

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

Total

New Hampshire High School Survey

Trend Analysis Report

Total Weigl	nt Mana	agemen	t and I	Dietary												** ~~ *	• • • • • • • *	
					Heal	th Risk	Behavi	ior and	Percer	ntages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
						e overwe ta from t						rcentile	for bod	y mass i	index,			
						13.1	13.1	14.2	12.8	14.1	13.8	14.5	14.1	14.0	13.6	No linear change	No quadratic change	No change
						d obesit DC grov			centile f	for body	mass in	ndex, ba	ased on	sex- and	1			
						9.7	11.3	11.5	11.9	12.1	11.2	12.2	12.8	12.7	13.3	Increased, 2003-2021	No quadratic change	No change
QN67	: Perce	ntage of	f studen	ts who	were try	ving to l	ose wei	ght				-				·		
														43.9	42.5	Decreased, 2019-2021	Not available [¶]	No change
						drink a o ore time							oke, Pej	osi, or S	prite,			
												37.0	37.4	37.4	39.7	Increased, 2015-2021	Not available	Increased

 * Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. * Based on t-test analysis, p < 0.05.

⁸Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions. ^INot enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

					Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 *
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
-			•				n, bottle liet pop			-	•			er day ((such			
												13.0	12.5	10.4	9.4	Decreased, 2015-2021	Not available [§]	Decreased
							n, bottle liet pop							er day ((such			
												9.4	7.7	7.2	5.9	Decreased, 2015-2021	Not available	Decreased
QN76	Percer	ntage of	student	ts who o	did not o	eat brea	kfast (dı	uring the	e 7 days	s before	the sur	vey)						
														14.1	18.2	Increased, 2019-2021	Not available	Increased

New Hampshire High School Survey

Trend Analysis Report

					Heal	th Risk	Behavio	or and	Percent	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
)NBK	7DAY	: Perce	ntage of	fstuden	s who a	ate breal	cfast on	all 7 da	ys (duri	ng the	7 days t	before th	ne surve	ey)				

New Hampshire High School Survey

5	ai Atu	vity			Heal	th Risk	Behav	vior a	nd Perc	entages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	20	07 200	9 2011	2013	2015	2017	2019	2021			
of phy		tivity th								inutes pe e hard so								
		57									47.0	46.9	47.2	47.1	46.2	No linear change	Not available [§]	No change
day (ir	any ki	nd of pl		activity						60 minu ade then		hard so	ome of t			No linear change	Not available	No change
day (ir during QNPA kind o	any ki the 7 d	nd of pl ays before Percer cal activ	hysical a ore the s	activity survey)	that inc	reased t	heir he	eart ra	te and m		n breathe 11.6 nutes per	hard so 13.6 day on	13.2 all 7 da	he time 13.1 ys (in ar	13.3 Iy	No linear change	Not available	No change

New Hampshire High School Survey

Trend Analysis Report

Total Physic	cal Acti	ivity																
					Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
				ts who l before th		oncussic ey)	on from	playing	a sport	or bein	g physic	cally act	tive (on	e or mo	re			
													14.4	14.7	12.3	Decreased, 2017-2021	Not available [§]	Decreased

New Hampshire High School Survey

Trend Analysis Report

Total Other																		
					Healt	th Risk	Behavi	or and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
		ntage of before			saw a de	entist (fo	or a che	ck-up, e	exam, te	eth clea	ning, or	other c	lental w	ork, du	ring			
												82.7	82.8	83.6	78.5	Decreased, 2015-2021	Not available [§]	Decreased
QNNO work)	DNT:	Percent	age of s	students	who ne	ever saw	v a denti	ist (for a	a check-	up, exa	m, teeth	cleanii	ng, or o	ther den	tal			
,												1.3	0.9	1.2	1.3	No linear change	Not available	No change
QN86:	Percer	ntage of	studen	ts who g	got 8 or	more h	ours of	sleep (o	n an ave	erage sc	chool nig	ght)						
												28.4	25.5	23.9	23.3	Decreased, 2015-2021	Not available	No change

New Hampshire High School Survey

Trend Analysis Report

Total
Site-Added

					Healt	th Risk	Behavi	ior and	Percen	itages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
	Perceithe sur		fstuden	ts who u	sually o	did not	sleep in	their pa	arent's c	or guard	ian's ho	me (dur	ing the	30 days				
													2.5	2.2	1.6	Decreased, 2017-2021	Not available [§]	Decreased
QN88: the sur		ntage of	fstudent	ts who d	lescribe	d their	grades i	n schoo	ol as mo	stly A's	or B's (during	the 12 n	nonths b	before			
						67.7	66.4	71.3	72.1	69.0	73.4	74.5	77.6	77.0	75.8	Increased, 2003-2021	No quadratic change	No change
				ts who r len a bic		never	wore a l	oicycle	helmet	(during	the 12 1	nonths	before t	he surve	ey,			
								66.2	62.4	63.2	60.0	56.3	57.4	54.4	57.3	Decreased, 2007-2021	Decreased, 2007-2015 No change, 2015-2021	Increased
QN90:	Percei	ntage of	fstuden	ts who d	lid not a	ulways	wear a s	eat belt	when c	lriving (among	students	s who d	rive a ca	ar)			
											27.9	24.7	22.2	13.5	14.5	Decreased, 2013-2021	Not available	No change

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Total Site-A	dded																	
					Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
-		ntage of e surve		ts who	carried a	a weapo	on (such	as a gui	ı, knife	, or clui	o, on at 1	least 1 c	day duri	ing the 3	30			
													16.0	14.4	15.6	No linear change	Not available [§]	Increased
ONWA	ATER1	: Perce	ntage of	studen	ts who	drank a	bottle or	r glass c	of plain	water o	ne or m	ore tim	es per d	ay (cou	nting			
							the 7 da								0			
													79.5	83.4	78.9	No linear change	Not available	Decreased
							bottle or the 7 da				wo or m	ore tim	es per d	lay (cou	nting			
													71.1	76.3	71.6	No linear change	Not available	Decreased

New Hampshire High School Survey

Trend Analysis Report

Total Site-Ad	ded																	
					Heal	th Risk	Behavi	or and I	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 *
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QNWA tap, bott												more tir	nes per	day (co	unting			
													53.9	59.4	54.5	No linear change	Not available [§]	Decreased
QN93: 1 them or spend tin the 12 m the surve	emotion me with nonths	onally h th, bein	urt thei g humil	n one o iated in	r more front o	times (c f others	ounting , or bein	such thi g threat	ings as ened if	being t they di	old who id not d	o they co o what the	ould and hey war	l could i ited, dui	not ring			
													25.5	26.5	31.8	Increased, 2017-2021	Not available	Increased
QN94: drinking										advanc	e becau	se of an	other st	udent's		·		
														4.9	4.8	No linear change	Not available	No change

New Hampshire High School Survey

Trend Analysis Report

Total Site-A	dded																	
					Heal	th Risk	Behavi	or and	d Perce	ntages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
did not	t want t	o do (co	ounting	such th	ings as l	kissing,	touchin	g, or p	hysicall	oing out y forcin is before	g them	to have						
													2.2	1.5	2.7	Increased, 2017-2021	Not available [§]	Increased
	ontin, P									ithout a or more					e the			
	,									11.5	7.6	6.8	5.2	4.3	4.4	Decreased, 2011-2021	Decreased, 2011-2017 No change, 2017-2021	No change
							reading survey)		eing a p	ublic me	essage a	bout av	oiding a	alcohol	or			
												79.6	68.6	70.2	59.6	Decreased, 2015-2021	Not available	Decreased

New Hampshire High School Survey

Total Site-A	dded																
					Heal	th Risk	Behavior	and Perc	entages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005 2	2007 200	9 2011	2013	2015	2017	2019	2021	-		
							bottle or the surve	glass of pl ey)	ain water	(countin	ng tap, b	ottled,	and	-			
												3.1	2.6	3.7	No linear change	Not available [§]	Increased
ON10	2. Doro	entage	of stude	nte whe	drank	a can be	ottle or al	ass of a su	cor swee	tanad ba	vorago	(such as	eporte	drinks			
(for ex coffee	ample, drinks,	Gatora flavore	de or Po	owerAd Snappl	e), energ	gy drink	s (for exa	nple, Red ounting so	Bull or J	olt), lem	onade, s	sweeten	ed tea o	r			
												18.6	18.0	18.2	No linear change	Not available	No change
					saw a o bre the s		r nurse (fo	or a check-	up or phy	sical ex	am whe	n they v	were no	t sick	·		
											79.3	76.8	80.7	77.9	No linear change	Not available	Decreased

New Hampshire High School Survey

Trend Analysis Report

Total
Site-Added

					Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN10:	5: Perce	entage o	of stude	nts who	have ev	ver beer	n told b	y a doct	or or a r	nurse th	at they l	nave ast	hma					
														22.6	19.6	Decreased, 2019-2021	Not available [§]	Decreased
				nts who oned (d					eir parer 1rvey)	nts or gu	uardians	becaus	e they v	vere kic	ked			
													4.5	4.2	3.3	Decreased, 2017-2021	Not available	Decreased
if they		prescrip	tion dru						of harm h as Oxy						ways)			
										60.9	63.0	62.8	63.2	56.7	48.9	Decreased, 2011-2021	No change, 2011-2017 Decreased, 2017-2021	Decreased

New Hampshire High School Survey

Total Site-A	dded																	
					Heal	th Risk	Behavior	and Po	ercen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005 2	007 2	2009	2011	2013	2015	2017	2019	2021	-		
							neir friends very day (b					very wr	ong for	them to	have			
											53.3	57.1	56.7	65.4	62.7	Increased, 2013-2021	Not available [§]	Decreased
): Perco mariju	-	of stude	nts who	reporte	d that th	neir friends	s feel it	woul	ld be wi	rong or	very wr	ong for	them to)			
											41.0	42.9	37.3	37.7	45.5	No linear change	Not available	Increased
	ription						neir friends such as Ox											
											77.7	81.4	80.5	83.6	81.1	Increased, 2013-2021	Not available	Decreased

New Hampshire High School Survey

Total Site-A	dded																	
					Healt	th Risk	Behavio	or and	Percen	ntages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
					approv , or liqu	e or stro or)	ongly ap	prove o	of some	one the	ir age ha	wing or	ne or tw	o drinks	s of			
											7.3	8.1	6.3	5.0	5.0	Decreased, 2013-2021	Not available [§]	No change
						d that the arly ev						very wi	rong for	them to	o have			
											88.7	89.3	89.1	90.9	87.9	No linear change	Not available	Decreased
-	3: Perco marijua	•	of stude	nts who	reporte	d that th	neir pare	ents fee	l it wou	ild be w	rong or	very wi	rong for	them to)			
											82.4	83.0	78.8	78.5	79.7	Decreased, 2013-2021	Not available	No change

New Hampshire High School Survey

Trend Analysis Report

Total Site-A	dded				Ucolt	th Risk]	Pahavia	an and	Doncon	tagag						Linear Change [*]	Quadratic Change*	Change from
					mean	LII KISK I	Denavio	or and	reiten	llages						Linear Change	Quadratic Change	2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
	cription					ed that th iption (si												
											94.1	94.9	94.2	95.5	93.0	No linear change	Not available [§]	Decreased
	5: Perco or liquo		of stude	nts who	think it	t would b	be very o	easy fo	or them	to get s	ome alc	ohol if t	they wa	nted to	(beer,			
											41.5	37.6	38.9	31.6	25.1	Decreased, 2013-2021	Not available	Decreased
QN12	6: Perco	entage o	of stude	nts who	think it	t would t	be very o	easy fo	or them	to get s	ome ma	rijuana	if they	wanted	to			
								41.5	43.8	47.7	47.1	41.6	41.4	39.0	24.4	Decreased, 2007-2021	No change, 2007-2017 Decreased, 2017-2021	Decreased

New Hampshire High School Survey

Trend Analysis Report

Total Site-A	dded				Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
											prescrij dderall,				octor's			
										19.2	17.1	14.7	13.5	10.0	6.3	Decreased, 2011-2021	Decreased, 2011-2017 Decreased, 2017-2021	Decreased

 * Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. * Based on t-test analysis, p < 0.05.

New Hampshire High School Survey

Trend Analysis Report

Male Injury	and V	iolence			Healt	th Risk	Behavi	or and	Percen	itages						Linear Change [*]	Quadratic Change [*]	Change from
					IIcui		Denuvi	or unu	1 creen	luges						Linear Change	Quadrance Change	2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN8:	Percent	tage of	students	who di	d not al	ways w	ear a sea	at belt ((when r	iding in	a car dr	iven by	someo	ne else)				
	76.7	74.5				55.9	55.2	50.5	47.5	45.1	42.5	40.2	37.8	32.4	31.3	Decreased, 1993-2021	Decreased, 1993-2015 Decreased, 2015-2021	No change
			students e 30 day				r who h	ad beer	n drinkii	ng alcoł	nol (in a	car or o	other ve	hicle, o	ne or			
	32.2	35.1				25.3	22.1	24.7	21.7	23.8	15.3	15.6	13.6	13.3	13.2	Decreased, 1993-2021	No quadratic change	No change
times		he 30 d					ther veh students		•			•						
											8.4	7.6	6.8	5.5	5.0	Decreased, 2013-2021	Not available [§]	No change

New Hampshire High School Survey

Trend Analysis Report

					Healt	th Risk	Behavio	or and	Percen	itages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
							ed while driven a											
											46.2	41.3	40.3	42.0	40.1	Decreased, 2013-2021	Not available [§]	No change
			student s before			a weapo	n on sch	ool pro	operty (such as	a gun, k	nife, or	club, o	n at leas	st 1			
													5.1	4.0	3.5	Decreased, 2017-2021	Not available	No change
			student	s who d	id not §	go to scl	nool bec		ey felt	unsafe a	at school	l or on t	heir wa	y to or f	from			
				ng the 3		before t	he surve	y)										

New Hampshire High School Survey

Trend Analysis Report

Male Injury	and V	iolence			Healt	th Rick	Rehavi	ior and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from
					IItal	III KISK	Denavi	or and	I ti ti ti	lages						Lincar Change	Quatriane Change	2019-2021 *
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
		ntage of r more t								oon on s	school p	oroperty	(such a	s a gun,	, knife,			
													7.7	7.0	6.8	Decreased, 2017-2021	Not available [§]	No change
		ntage of e the sur		ts who v	were in	a physic	cal fight	t on scho	ool prop	erty (o	ne or m	ore time	es durin	g the 12	2			
														11.2	7.0	Decreased, 2019-2021	Not available	Decreased
QN19:	Perce	ntage of	student	ts who v	vere evo	er physi	ically fo	rced to	have se	xual int	ercours	e (when	they di	d not w	ant to)			
						2.8	2.5	6.0	4.8	4.1	3.3	3.0	2.8	3.0	3.7	No linear change	No quadratic change	No change

New Hampshire High School Survey

					Healt	h Risk	Behavi	ior and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
uch f	nngs as	0		0	U 1	ysically	forced	to have	sexual	interco	urse] tha	it they c	11d not v	want to	do,			
	0	mes dui	ring the	12 mon	ths befo	ore the s	survey)						4.1	3.9	5.2	Increased, 2017-2021	Not available [§]	Increased
QN21 going interco	more ti Percer out with purse] th	ntage of to do s nat they	student exual th	s who e iings [co want to	experien ounting do, one	ced sex such th e or mor	ual dati ings as re times	kissing, during	, touchin the 12 r	ng, or b months	ced by s eing phy before t	sically	e they w forced	vere dati to have	ing or sexual	,	Not available [§]	Increased

New Hampshire High School Survey

Male Injury	and V	iolence																
					Heal	th Risk	Beha	vior a	and Perce	entages						Linear Change [*]	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	5 20	007 2009	2011	2013	2015	2017	2019	2021	-		
someo with a	ne they n object	were da or wea	ating or pon] on	going o e or mo	out with	[counti	ing suc g the 12	ch thi 2 moi	g violence ngs as bein nths before)	ng hit, sl	ammed	into sor	nething	, or inju				
											5.8	6.1	6.3	6.3	5.8	No linear change	Not available [§]	No change
QN23	Percei	ntage of	studen	ts who	were bu	llied on	schoo	ol proj	perty (eve	r during	the 12 r	nonths l	before t	he surve	y)			
									19.9	23.7	19.9	16.8	16.9	18.5	16.0	Decreased, 2009-2021	No quadratic change	Decreased
									(counting fore the su		ullied th	rough t	exting,	Instagra	m,			
										15.2	12.8	11.3	12.1	13.4	14.9	No linear change	Decreased, 2011-2015 Increased, 2015-2021	Increased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [†]Based on t-test analysis, p < 0.05. [§]Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Male Injury	and V	iolence	:															
	Health Risk Behavior and Percentages														Linear Change [*]	Quadratic Change*	Change from 2019-2021 [†]	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN25: Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)																		
						21.6	17.6	17.4	18.4	19.4	17.8	17.9	18.6	23.8	30.7	Increased, 2003-2021	No change, 2003-2017 Increased, 2017-2021	Increased
QN26: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)																		
	18.5	21.1				12.9	9.1	10.4	10.2	12.2	11.3	10.7	11.5	14.4	16.9	Decreased, 1993-2021	Decreased, 1993-2013 Increased, 2013-2021	Increased
QN27: Percentage of students who made a plan about how they would attempt suicide (during the 12 months before the survey)																		
														10.0	13.7	Increased, 2019-2021	Not available [§]	Increased
QN28: survey		ntage of	f studen	ts who a	actually	attempt	ted suici	ide (one	e or moi	re times	during	the 12 1	months	before t	he			
	6.0	5.8				3.9	2.8	3.2	4.2	4.8	5.0	4.6	4.0	5.3	6.3	No linear change	Decreased, 1993-2007 Increased, 2007-2021	No change

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

New Hampshire High School Survey

			Healt	h Risk	Behavi	or and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
93 199	5 1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
D3	3 1995	3 1995 1997	3 1995 1997 1999						Health Risk Behavior and Percentages 3 1995 1997 1999 2001 2003 2005 2007 2009 2011							

New Hampshire High School Survey

Trend Analysis Report

Male Tobac	co Use																	
					Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [*]	Quadratic Change*	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
-		0									ing e-cig e, and bl		, vapes,	vape pe	ens,			
													43.9	47.8	27.8	Decreased, 2017-2021	Not available [§]	Decreased
pens, e		e-hook	ahs, ho	okah pe	ens, and						cluding , Vuse, a							
6					,							26.2	26.9	32.7	13.7	Decreased, 2015-2021	Not available	Decreased
	EVP: F the 30					rrently ı	used elec	ctronic	vapor p	roducts	frequen	tly (on	20 or n	ore day	'S			
												5.7	8.0	14.7	6.1	Increased, 2015-2021	Not available	Decreased

New Hampshire High School Survey

Trend Analysis Report

Male Tobac	co Use				Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change [*]	Quadratic Change*	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
	YEVP: efore th			f studen	ts who	currentl	y used e	electron	ic vapor	[•] produc	ets daily	(on all 4.1	30 days 5.9	during	the 30 4.6	Increased, 2015-2021	Not available [§]	Decreased

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Trend Analysis Report

Male Alcoho	ol and (Other I	Drug Us	se	Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [*]	Quadratic Change*	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN40:	Perce	ntage of	f studen	ts who l	had thei	r first di	rink of a	alcohol	before a	age 13 y	vears (ot	her tha	n a few	sips)				
	36.1	30.0				30.7	20.7	22.4	17.7	14.7	13.0	12.6	12.5	11.7	9.8	Decreased, 1993-2021	No quadratic change	Decreased
		ntage of e the su		ts who o	currentl	y drank	alcohol	(at leas	st one di	rink of a	alcohol,	on at le	ast 1 da	y durin	g the			
	51.8	55.1				47.1	43.4	45.7	39.2	39.0	30.0	28.6	28.5	24.7	18.1	Decreased, 1993-2021	Decreased, 1993-2007 Decreased, 2007-2021	Decreased
were f	emale o	or five o		drinks o	of alcoho		oinge dr ow if the											
														13.8	10.5	Decreased, 2019-2021	Not available [§]	Decreased

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Trend Analysis Report

Male Alcoho	ol and (Other I	Drug Us	se														
			U		Heal	th Risk	Behavi	ior and	Percei	ntages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
			f studen y, amon							someon	e giving	g it to th	em (du	ring the	30			
								26.1	28.4	26.1	34.9	37.2	33.8	28.3	36.3	Increased, 2007-2021	No quadratic change	Increased
QN46:	Perce	ntage of	fstuden	ts who	tried ma	rijuana	for the	first tin	ne befor	e age 1	3 years					·		
	9.7	8.0				13.9	8.3	9.8	9.4	8.1	7.8	8.0	6.8	5.7	4.5	Decreased, 1993-2021	Decreased, 1993-2015 Decreased, 2015-2021	Decreased
QN47:	Perce	ntage of	f studen	ts who o	currentl	y used r	narijuar	na (one	or more	e times o	during t	he 30 d	ays befo	ore the s	urvey)			
	23.6	28.1				32.9	28.8	25.7	28.1	30.6	26.0	23.9	24.0	26.3	16.9	Decreased, 1993-2021	Decreased, 1993-2017 Decreased, 2017-2021	Decreased
QN48:	Perce	ntage of	fstuden	ts who o	ever use	d synth	etic ma	rijuana	(one or	more ti	mes du	ring the	ir life)					
												10.5	6.0	8.7	8.6	No linear change	Not available [§]	No change

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

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Trend Analysis Report

Male Alcoh	ol and (Other I	Drug Us	se														
					Heal	th Risk	Behavi	ior and	Percei	ntages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
	Percer luring t			ts who e	ever use	d heroii	n (also d	called "	smack,'	' "junk,'	' or "Ch	ina Wh	ite," one	e or moi	е			
						2.6	2.0	4.5	3.4	5.0	3.3	3.2	2.3	2.0	1.8	Decreased, 2003-2021	No change, 2003-2011 Decreased, 2011-2021	No change
					ever use their lif		ampheta	amines	(also ca	lled "sp	eed," "c	rystal n	neth," "c	crank,"	"ice,"			
						8.5	6.8	6.2	4.2	5.6	3.6	3.3	2.5	2.4	1.9	Decreased, 2003-2021	No quadratic change	No change
QN54 their li		ntage of	studen	ts who e	ever use	d ecstas	sy (also	called	"MDM	A" or "N	Aolly," o	one or r	nore tin	nes duri	ng			
						10.6	5.1	7.0	7.1	11.2	8.8	5.4	3.8	3.0	2.9	Decreased, 2003-2021	No change, 2003-2011 Decreased, 2011-2021	No change
	Percer s before			ts who	were of	fered, so	old, or g	iven ar	illegal	drug or	school	propert	y (durin	ng the 12	2			
	28.7	36.8				31.7	28.6	26.8	25.4	27.4	21.6	19.0	17.4	21.3	15.3	Decreased, 1993-2021	No change, 1993-2003 Decreased, 2003-2021	Decreased

 * Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. * Based on t-test analysis, p < 0.05.

New Hampshire High School Survey

Trend Analysis Report

Sexual	Behav	iors			Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN57:	Percer	ntage of	studen	ts who e	ever had	l sexual	interco	urse										
	55.8	45.7				41.7	39.7	44.7	46.1	49.4	42.2	39.8	40.0	39.4	28.0	Decreased, 1993-2021	No quadratic change	Decreased
QN58:	Percer	ntage of	studen	ts who l	had sexu	ual inter	course f	for the f	first time	e before	age 13	years	-					
	10.4	6.4				5.3	3.0	5.6	6.4	6.5	4.8	3.6	2.7	2.7	2.4	Decreased, 1993-2021	No quadratic change	No change
QN59:	Percer	ntage of	studen	ts who l	had sexu	ual inter	course	with fou	ır or mo	ore perso	ons duri	ng their	life					
													9.1	7.4	4.9	Decreased, 2017-2021	Not available [§]	Decreased
				ts who v ne surve		rrently s	exually	active	(had sey	kual inte	ercourse	with at	t least of	ne perso	on,			
	34.9	30.4				29.6	28.1	32.4	32.9	37.9	32.2	30.4	29.0	28.2	19.5	Decreased, 1993-2021	No change, 1993-2017 Decreased, 2017-2021	Decreased

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Male

[§]Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

					Heal	th Risk	Behavi	ior and	Percen	itages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
-		ntage of v sexual			drank al	cohol o	r used d	lrugs be	fore las	t sexual	interco	urse (an	nong stu	idents v	vho			
	27.7	25.2				22.7	19.7	28.4	23.5	25.6	23.0	21.1	20.4	21.2	19.2	Decreased, 1993-2021	No quadratic change	No change
-	Percei ly active	U	studen	ts who	used a c	ondom	during	last sex	ual inter	course	(among	student	s who v	vere cur	rently			
	57.2	58.8				63.7	70.7	71.5	60.7	64.7	58.6	65.1	63.7	59.5	56.9	No linear change	Increased, 1993-2007 Decreased, 2007-2021	No change
						sted for ths befo			smitted	disease	(STD) o	other that	an HIV,	such as	6			
-	·	-		c										6.2	4.0	Decreased, 2019-2021	Not available [§]	Decreased

Male

New Hampshire High School Survey

Trend Analysis Report

					Heal	th Risk	Behavi	ior and	Percen	itages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
						overwe						rcentile	for bod	y mass :	index,			
						14.9	14.4	15.6	13.5	13.8	13.5	14.6	13.7	14.0	13.2	No linear change	No quadratic change	No change
						d obesit DC grov			centile f	or body	mass ir	ndex, ba	ased on	sex- and	1			
						12.6	14.9	15.8	16.3	14.6	14.9	16.3	15.8	16.1	16.2	No linear change	No quadratic change	No change
QN67	: Perce	ntage of	f studen	ts who	were try	ving to l	ose wei	ght		. <u></u>		. <u></u>		30.9	30.5	No linear change	Not available [¶]	No change
						drink a o ore time							oke, Pej	psi, or S	prite,			
												28.5	29.9	29.4	34.6	Increased, 2015-2021	Not available	Increase

 * Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. * Based on t-test analysis, p < 0.05.

⁸Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions. ^INot enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Weigł	nt Mana	agemen	t and D	Dietary			Behavi	or and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
-			•								op one o fore the s			er day ((such			
												18.1	16.3	14.3	12.1	Decreased, 2015-2021	Not available [§]	Decreased
											op two o ore the s			er day ((such			
												13.7	10.2	9.8	8.0	Decreased, 2015-2021	Not available	Decreased
QN76	Percer	ntage of	fstuden	ts who	did not o	eat brea	kfast (dı	uring the	e 7 day	s before	e the sur	vey)						
														14.1	16.0	Increased, 2019-2021	Not available	Increased

New Hampshire High School Survey

					Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
		. D	ntogo of	fatudan	who	ata braal	fact on	oll 7 do	vo (dur	ng tha	7 dava k	f 4)				
)NBK	TTDAY:	: Perce	mage of	studen	IS WIIO	ale blea	clast on	all / ua	iys (dui	ing the	/ days t	before u	ne surve	ey)				

New Hampshire High School Survey

					Healt	th Risk	Beha	ivior a	nd Perce	ntages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	5 200	07 2009	2011	2013	2015	2017	2019	2021			
of phy		tivity th								nutes per c hard some								
		57																
											54.1	52.9	55.1	53.4	54.6	No linear change	Not available [§]	No change
day (ii	1 any ki	nd of pl		activity						50 minutes ade them b	s of phy	ysical a	ctivity of t	on at lea	st 1	No linear change	Not available [§]	No change
day (ii during QNPA kind o	the 7 d	nd of pl ays before Percencial activ	nysical a ore the s	activity survey)	that inc	reased the vere phy	heir h	leart ra	te and ma		s of phy breathe 9.6 tes per o	ysical a hard so 12.2 day on a	ctivity of total of the second	on at lea he time 10.9 ys (in an	st 1 10.3			

New Hampshire High School Survey

Trend Analysis Report

Male Physic	al Acti	vity																
					Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
				ts who l before th		oncussic ey)	on from	playing	a sport	or bein	g physic	cally act	tive (on	e or moi	re			
													16.0	15.7	13.7	Decreased, 2017-2021	Not available [§]	Decreased

New Hampshire High School Survey

Trend Analysis Report

Male Other					Healt	th Risk	Behavio	or and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
			student the surv		aw a de	entist (fo	or a chec	k-up, e	exam, te	eth clea	aning, or	other c	lental w	ork, du	ring			
				- , ,								81.6	82.5	82.7	77.5	Decreased, 2015-2021	Not available [§]	Decreased
QNN(work)	DDNT:	Percent	tage of s	students	who ne	ever saw	a denti	st (for a	a check-	up, exa	m, teeth	cleanii	ng, or o	ther den	ital	<u>.</u>		
work)												1.7	1.1	1.5	1.7	No linear change	Not available	No change
QN86	: Percer	ntage of	student	ts who g	got 8 or	more ho	ours of s	leep (o	n an av	erage sc	chool nig	ght)						
		-										31.8	27.7	26.1	26.0	Decreased, 2015-2021	Not available	No change

New Hampshire High School Survey

Trend Analysis Report

Male Site-Added																	
				Heal	th Risk	Behavi	ior and	Percei	ntages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN87: Perce before the su		student	s who ı	isually	did not	sleep in	their p	arent's	or guard	lian's ho	ome (du	ring the	30 days	5			
												2.7	2.4	1.8	Decreased, 2017-2021	Not available [§]	No change
QN88: Perce the survey)	entage of	student	s who c	lescribe	d their	grades i	n schoo	ol as mo	ostly A's	or B's ((during	the 12 r	nonths l	before			
					60.9	58.2	63.9	64.2	62.6	66.0	67.7	71.8	70.9	72.0	Increased, 2003-2021	No quadratic change	No change
QN89: Perce among studer					r never	wore a t	bicycle	helmet	(during	the 12	months	before t	he surve	ey,			
							73.9	66.3	66.5	63.0	60.5	61.4	57.8	57.5	Decreased, 2007-2021	Decreased, 2007-2011 Decreased, 2011-2021	No change
QN90: Perce	entage of	student	s who c	lid not	always	wear a s	seat beli	t when	driving	(among	student	s who d	rive a c	ar)			
										31.3	28.3	25.0	16.3	17.1	Decreased, 2013-2021	Not available	No change

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

					Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [*]	Quadratic Change*	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
	Percer efore the			ts who o	carried a	a weapo	n (such	as a gui	n, knife	, or cluł	o, on at	least 1 c	day duri	ing the 3	30			
													23.5	21.9	21.1	Decreased, 2017-2021	Not available [§]	No change
-			0			drank a , during		0			one or m	ore time	es per d	lay (cou	nting			
													77.3	82.7	79.9	Increased, 2017-2021	Not available	Decreased
						drank a , during					wo or m	ore tim	es per d	lay (cou	inting			

Male

New Hampshire High School Survey

Trend Analysis Report

Male Site-A	dded				Heal	th Risk	Behavio	or and P	ercent	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
								glass of ys before			hree or	more tii	nes per	day (co	ounting			
													53.1	58.9	57.9	Increased, 2017-2021	Not available [§]	No change
them c spend	r emoti time wi months	onally l th, bein	hurt thei g humil	m one o liated in	front o	times (c f others,	ounting , or bein	were dati such thir g threate or went	ngs as ned if	being t they di	old who d not do	they co what t	ould and hey war	l could nted, du	not ring			
													17.1	19.3	22.4	Increased, 2017-2021	Not available	Increased
								wanted s e survey)		advanc	e becau	se of an	other st	udent's	;	· · · · · ·		
														3.1	2.9	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Male Site-A	dded																	
					Heal	th Risk	Behav	vior a	and Per	centages						Linear Change [*]	Quadratic Change*	Change from 2019-2021 *
1991	1993	1995	1997	1999	2001	2003	2005	20	07 20	09 2011	2013	2015	2017	2019	2021	-		
did not	t want t	o do (co	ounting	such thi	ings as l	kissing,	touchi	ng, o	r physic	r going ou ally forcin nths befor	ng them	to have						
													2.6	2.1	3.7	Increased, 2017-2021	Not available [§]	Increased
	ontin, P									without a ne or more					e the			
-										11.8	8.8	7.4	5.7	5.0	4.1	Decreased, 2011-2021	No quadratic change	Decreased
						nearing, fore the			seeing	a public m	iessage a	about av	oiding a	alcohol	or			
												78.6	67.0	68.5	57.7	Decreased, 2015-2021	Not available	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

New Hampshire High School Survey

Male Site-A	dded																
					Heal	th Risk	Behavior	and Perc	entages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005 2	2007 200	9 2011	2013	2015	2017	2019	2021	-		
							bottle or the surve	glass of pl ey)	ain water	(countin	ng tap, ł	oottled,	and				
												4.2	3.1	4.0	No linear change	Not available [§]	Increased
(for excorded)	kample,	Gatora flavore	de or Po d milk,	werAde Snapple	e), energ	gy drink	s (for exa	ass of a su nple, Red ounting sc	Bull or Jo	olt), lem	ionade, s	sweeten	ed tea o	r			
												21.8	20.9	18.6	Decreased, 2017-2021	Not available	Decreased
	4: Perc red dur						r nurse (fo	or a check-	up or phy	sical ex	am whe	n they v	were not	tsick			
											78.4	75.5	79.9	77.0	No linear change	Not available	Decreased
							r nurse (fo	or a check-	up or pny	/sical ex		-			No linear change	Not available	Decrease

New Hampshire High School Survey

Trend Analysis Report

Male	
Site-Added	

					Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN105	5: Perce	entage o	of stude	nts who	have ev	ver beer	n told by	y a doct	or or a r	nurse the	at they l	have ast	hma					
														21.4	19.4	Decreased, 2019-2021	Not available [§]	Decreased
	6: Perce n away,								eir parer 1rvey)	nts or gu	uardians	s becaus	e they v	vere kic	ked			
													4.1	4.4	3.2	Decreased, 2017-2021	Not available	Decreased
if they		prescrip	tion dru						of harm h as Oxy						ways)			
										55.8	59.4	59.6	58.6	52.3	46.2	Decreased, 2011-2021	No change, 2011-2017 Decreased, 2017-2021	Decreased

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Trend Analysis Report

Male Site-A	dded																	
					Heal	th Risk	Behavi	ior and	l Percen	ntages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
									el it wou , wine, o			very wr	ong for	them to	o have			
											47.3	50.2	51.5	59.4	61.0	Increased, 2013-2021	Not available [§]	No change
): Perc mariju	-	of stude	nts who	reporte	ed that th	heir frie	nds fee	el it wou	ld be wi	rong or	very wr	ong for	them to)			
											36.6	39.8	35.1	35.7	46.8	Increased, 2013-2021	Not available	Increased
-	ription	0							el it wou ontin, Pe		U	2	0					
											75.6	77.4	76.3	80.3	79.7	Increased, 2013-2021	Not available	No change

New Hampshire High School Survey

Male Site-A	dded																	
					Healt	th Risk	Behavio	or and	Percen	ntages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
			of stude lay (bee			e or stro or)	ongly ap	prove o	of some	one thei	ir age ha	wing or	ne or tw	o drinks	s of			
											8.8	9.8	8.7	6.8	5.8	Decreased, 2013-2021	Not available [§]	No change
						d that the the second sec						very wi	ong for	them to	o have			
											86.2	86.2	86.5	89.3	87.0	No linear change	Not available	Decreased
-	3: Perce marijua	•	of stude	nts who	reporte	d that th	neir pare	ents fee	l it wou	ild be w	rong or	very wi	ong for	them to)	·		
											80.0	81.1	78.7	77.1	79.8	No linear change	Not available	Increased

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Trend Analysis Report

Male Site-A	dded				Healt	th Risk	Behavi	or and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
	cription					d that th iption (s												
											92.6	93.4	92.9	94.5	93.1	No linear change	Not available [§]	Decreased
-	5: Perco or liquo	•	of stude	nts who	think it	would	be very	easy fo	or them	to get s	ome alco	ohol if t	they wa	nted to	(beer,			
											39.5	37.7	39.2	32.7	24.7	Decreased, 2013-2021	Not available	Decreased
QN12	6: Perco	entage o	of stude	nts who	think it	would	be very	easy fo	or them	to get s	ome ma	rijuana	if they	wanted	to			
								45.6	46.6	49.6	49.2	43.1	42.7	40.3	24.2	Decreased, 2007-2021	Decreased, 2007-2017 Decreased, 2017-2021	Decreased

New Hampshire High School Survey

Male Site-A	dded				Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
											prescrij dderall,				ctor's			
										21.4	16.0	15.8	14.6	11.1	6.1	Decreased, 2011-2021	Decreased, 2011-2017 Decreased, 2017-2021	Decreased

New Hampshire High School Survey

Trend Analysis Report

Femal Injury	le 7 and V	iolence																
					Heal	th Risk	Behavi	or and	Percen	itages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN8:	Percent	tage of	students	s who di	id not al	ways w	ear a sea	at belt ((when r	iding in	a car dr	iven by	someo	ne else)				
	69.2	65.6				51.2	46.0	41.4	45.8	43.9	42.6	39.2	36.4	32.4	33.8	Decreased, 1993-2021	Decreased, 1993-2005 Decreased, 2005-2021	No change
-		0	students e 30 day				r who h	ad beer	n drinki	ng alcol	nol (in a	car or o	other ve	hicle, oi	ne or			
	29.4	27.9				24.0	21.3	26.1	24.6	21.5	19.6	15.9	15.1	16.3	16.9	Decreased, 1993-2021	No quadratic change	No change
times		he 30 d					ther veh students											
											8.4	4.8	4.5	3.6	4.0	Decreased, 2013-2021	Not available [§]	No change

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Trend Analysis Report

Femal Injury	e v and V	iolence																
					Heal	th Risk	Behavi	or and	Percen	itages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
							ed while driven a											
											49.4	46.0	43.0	46.4	45.9	Decreased, 2013-2021	Not available [§]	No change
			student s before			a weapo	n on scł	nool pro	operty (such as	a gun, k	nife, or	club, o	n at leas	st 1			
													1.7	1.4	2.1	No linear change	Not available	Increased
							hool bec		ey felt	unsafe a	at schoo	l or on t	their wa	y to or i	from			
	4.8	2.3				3.2	6.2	4.9	4.8	4.6	5.6	6.2	6.4	8.8	11.9	Increased, 1993-2021	Increased, 1993-2017 Increased, 2017-2021	Increased

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Trend Analysis Report

Femal Injury	e 7 and V	iolence																
					Healt	th Risk	Behavi	or and	Percen	itages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
						eatened nths bef				pon on s	school p	oroperty	(such a	s a gun,	knife,			
													5.4	5.5	6.6	No linear change	Not available [§]	Increased
	Percer s before			s who v	were in	a physic	al fight	on sch	ool prop	perty (o	ne or m	ore time	es durin	g the 12				
														4.1	2.7	Decreased, 2019-2021	Not available	Decreased
QN19	Percer	ntage of	student	s who v	were eve	er physic	cally for	rced to	have se	exual int	tercours	e (when	they di	d not w	ant to)			
						8.1	7.7	8.6	9.4	8.4	7.9	9.8	8.8	10.6	13.9	Increased, 2003-2021	No change, 2003-2017 Increased, 2017-2021	Increased

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					Healt	h Risk	Behavio	or and	Percer	ntages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
				ng, or b							anyone							
	0	0		12 mon	U 1	• •		to nave	e sexual	merec	Jursej ur	at they t	15.3	16.7	17.7	Increased,	Not available [§]	No chan
ne or	more ti	mes du	ring the	12 mon	ths befo	ore the s	survey)				rced by s		15.3	16.7	17.7	Increased, 2017-2021	Not available [§]	No chan
N21: Oing oing other	Percer out with urse] th	mes du	student sexual the	12 mon	xperien ounting do, one	ced sex such the	urvey) ual datin ings as l re times	ng viol kissing during	ence (b , touchi the 12	eing for ng, or b months	_	someon	15.3 e they w forced	16.7 vere dat to have	17.7 ing or sexual	,	Not available ⁸	No chan

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Trend Analysis Report

Femal Injury	-	iolence			Healt	th Risk	Behavior	and Perce	ntages						Linear Change [*]	Quadratic Change*	Change from
									8						8		2019-2021
1991	1993	1995	1997	1999	2001	2003	2005 2	2007 2009	2011	2013	2015	2017	2019	2021	-		
someo with a	ne they 1 object	were da or wea	ating or pon] on	going c e or mo	out with re times	[counti s during	ng such tł	ng violence lings as bein onths before ey)	ng hit, sl	ammed	into son	nething	, or inju				
										9.1	9.5	9.1	7.3	11.1	No linear change	Not available [§]	Increased
QN23:	Percer	ntage of	studen	ts who v	were bu	llied on	school pr	operty (eve	r during	the 12 n	nonths b	pefore th	ne surve	y)			_
								24.4	27.4	25.3	27.3	25.7	27.6	23.6	No linear change	No quadratic change	Decreased
								d (counting efore the su		ullied th	rough te	exting, I	Instagra	m,			
									28.5	23.7	26.0	26.2	26.8	28.7	No linear change	No change, 2011-2017 Increased, 2017-2021	No change

New Hampshire High School Survey

Trend Analysis Report

Femal Injury		iolence	:															
					Heal	th Risk	Behavi	or and	Percer	itages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
						or hope 12 mon				for >=2	e weeks	in a rov	w so tha	t they st	topped			
						34.2	32.7	32.2	32.1	31.3	32.7	36.9	37.6	43.9	57.5	Increased, 2003-2021	No change, 2003-2017 Increased, 2017-2021	Increased
QN26:	Percer	ntage of	f studen	ts who s	seriously	y consid	lered att	temptin	g suicid	le (durin	ng the 1	2 month	ns befor	e the su	rvey)			
	34.0	31.0				22.5	18.6	17.2	13.8	16.8	17.4	20.1	20.6	22.5	32.0	Decreased, 1993-2021	Decreased, 1993-2011 Increased, 2011-2021	Increased
QN27: the sur		ntage of	f studen	ts who i	made a j	plan abo	out how	they w	ould att	empt su	icide (d	luring tl	ne 12 m	onths be	efore			
														16.7	24.6	Increased, 2019-2021	Not available [§]	Increased
QN28: survey		ntage of	f studen	ts who a	actually	attempt	ted suici	ide (one	e or mo	re times	during	the 12	months	before t	he			
	14.3	11.4				11.4	10.8	7.9	5.1	7.5	8.6	8.9	7.7	8.4	13.0	Decreased, 1993-2021	Decreased, 1993-2017 Increased, 2017-2021	Increased

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

					Healt	th Risk	Behavi	or and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change fron 2019-2021
1991 1	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			

 * Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. * Based on t-test analysis, p < 0.05.

New Hampshire High School Survey

Trend Analysis Report

Femal Tobac	-																	
					Heal	th Risk	Behavio	or and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
							ectronic s JUUL,						, vapes,	vape pe	ens,			
													37.8	51.9	34.4	Decreased, 2017-2021	Not available [§]	Decreased
pens, e	-cigars,	e-hool		okah pe	ns, and		n electro such as J											
8		j			,							23.4	20.4	34.7	18.9	No linear change	Not available	Decreased
			ige of st fore the			rrently u	ised elec	etronic v	vapor pi	oducts	frequen	tly (on	20 or m	ore day	'S			
												2.5	3.0	11.9	8.3	Increased, 2015-2021	Not available	Decreased

New Hampshire High School Survey

Trend Analysis Report

Femal Tobac	le co Use																	
					Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
	YEVP: efore th			fstuden	ts who	currentl	y used e	lectroni	ic vapor	produc	ts daily	(on all 1.6	30 days 1.7	during 8.2	the 30 6.0	Increased, 2015-2021	Not available [§]	Decreased

New Hampshire High School Survey

Trend Analysis Report

Femal Alcoh	-	Other I	Drug Us	se														
					Heal	th Risk	Behavi	or and	Percen	itages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN40:	Perce	ntage of	f studen	ts who l	had thei	r first d	rink of a	lcohol	before a	age 13 y	vears (ot	ther that	n a few	sips)				
	25.8	23.8				20.8	17.7	13.7	11.5	13.9	10.0	8.6	8.4	8.8	10.1	Decreased, 1993-2021	No quadratic change	Increased
-		ntage of e the su		ts who o	currentl	y drank	alcohol	(at leas	st one di	rink of a	alcohol,	on at le	east 1 da	y durin	g the			
	47.0	51.1				46.9	44.8	43.9	39.4	37.5	35.9	31.1	30.7	29.0	24.8	Decreased, 1993-2021	No change, 1993-2003 Decreased, 2003-2021	Decreased
were f	emale c	or five o		drinks o	of alcoho		binge dr ow if the											
														14.8	12.0	Decreased, 2019-2021	Not available [§]	Decreased

New Hampshire High School Survey

Trend Analysis Report

Female Alcoho	-	Other D)rug Us	e	Ucol	th Diele	Dohovi	or and	Percen	tagas						Lincor Chongo*	Quadratia Changa*	Change from
					nean	lii Kisk	Dellavi	or and	rercen	llages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
					ısually ຢູ nts who					someon	e giving	g it to th	em (dui	ing the	30			
								39.8	33.7	41.3	44.8	47.7	46.8	43.1	43.9	Increased, 2007-2021	No quadratic change	No change
QN46:	Percer	ntage of	student	ts who t	ried ma	rijuana	for the	first tin	ne befor	e age 13	3 years			•				
	4.2	4.4				8.1	5.8	5.9	7.3	7.3	5.1	4.0	3.6	3.4	4.1	Decreased, 1993-2021	Increased, 1993-2003 Decreased, 2003-2021	No change
QN47:	Percer	ntage of	student	ts who a	currently	y used r	narijuar	na (one	or more	times c	luring t	he 30 da	ays befo	ore the s	urvey)			
	18.2	27.1				28.2	22.8	19.8	22.9	25.8	22.6	20.0	21.9	25.5	18.6	Decreased, 1993-2021	No quadratic change	Decreased
QN48:	Percer	ntage of	student	ts who e	ever use	d synth	etic mai	rijuana	(one or	more ti	mes dur	ing thei	r life)	-	-			
												7.6	4.9	8.2	11.5	Increased, 2015-2021	Not available [§]	Increased

 * Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. * Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

New Hampshire High School Survey

Female Alcohol and Other Drug Use																		
Health Risk Behavior and Percentages														Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]		
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
		ntage of heir life		s who e	ever use	d heroi	n (also c	called "	smack,'	"junk,	' or "Ch	ina Wh	ite," one	e or mor	e			
						2.1	2.1	1.3	2.3	2.1	1.8	1.3	1.0	0.7	0.8	Decreased, 2003-2021	No quadratic change	No change
					ever use their lif		ampheta	mines	(also ca	lled "sp	eed," "c	crystal n	neth," "o	crank," '	"ice,"			
						6.3	4.2	4.8	5.0	2.8	1.5	1.4	0.8	1.0	1.2	Decreased, 2003-2021	No quadratic change	No change
QN54: their li		ntage of	student	s who e	ever use	d ecstas	sy (also	called	"MDM/	A" or "N	Molly,"	one or r	nore tin	nes durii	ng			
						9.8	5.9	5.7	6.3	6.1	5.4	3.4	1.9	1.6	2.1	Decreased, 2003-2021	No quadratic change	No change
		ntage of the sur		s who v	were off	fered, so	old, or g	iven an	illegal	drug or	ı school	propert	y (durir	ng the 12	2			
	22.5	27.1				24.2	24.8	18.0	18.3	18.5	18.5	13.9	14.8	19.0	16.5	Decreased, 1993-2021	No quadratic change	Decreased

New Hampshire High School Survey

Trend Analysis Report

					Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN57:	Percei	ntage of	studen	ts who	ever had	l sexual	interco	urse										
	52.7	47.1				41.4	45.4	44.6	46.2	45.7	43.4	38.7	37.5	40.0	30.6	Decreased, 1993-2021	Decreased, 1993-2017 Decreased, 2017-2021	Decreased
QN58:	Percei	ntage of	f studen	ts who	had sex	ual inter	course	for the f	ïrst tim	e before	age 13	years		÷	i			
	5.0	4.4				2.4	2.7	2.6	1.9	2.4	3.0	1.9	1.8	1.6	2.1	Decreased, 1993-2021	No quadratic change	No change
QN59:	Percei	ntage of	studen	ts who	had sex	ual inter	course	with fou	ir or mo	ore perso	ons duri	ng their	life	-				<i></i>
													7.9	6.8	4.8	Decreased, 2017-2021	Not available [§]	Decreased
			studen store tl			rrently s	sexually	active	(had sez	xual inte	ercourse	with at	t least o	ne perso	on,			_
	39.5	37.2				32.9	37.6	35.7	39.5	36.4	38.3	32.0	30.5	31.1	23.3	Decreased, 1993-2021	No change, 1993-2013 Decreased, 2013-2021	Decreased

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Female

[§]Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Femal Sexual	e Behav	viors																
					Healt	th Risk	Behavi	ior and	Percen	itages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
-		•	student ly active		lrank al	cohol o	r used d	lrugs be	fore las	t sexual	interco	urse (ar	nong sti	udents v	who			
	16.6	20.5				20.3	18.1	20.2	19.5	18.9	18.6	16.1	16.3	17.6	18.6	No linear change	No quadratic change	No change
QN62: sexual		U	student	ts who u	ised a c	ondom	during l	last sexu	ual inter	course	(among	student	s who v	vere cur	rently			
	45.7	45.6				49.7	60.6	57.8	53.7	56.6	53.1	55.9	55.4	51.4	47.3	Increased, 1993-2021	Increased, 1993-2011 No change, 2011-2021	Decreased
			student ea (duri						smitted	disease	(STD) o	other that	an HIV,	, such as	8			
														12.4	7.4	Decreased, 2019-2021	Not available [§]	Decreased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [†]Based on t-test analysis, p < 0.05. [§]Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

	ht Man	agemen	t and D	ietary		ors th Risk	Behavi	ior and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			2019-2021
	WT: Pe on sex-											rcentile	for bod	y mass :	index,			
						11.1	11.8	12.7	12.1	14.4	14.2	14.4	14.6	14.1	14.1	Increased, 2003-2021	No quadratic change	No change
	BESE: pecific r								centile f	or body	mass in	ndex, ba	ised on	sex- and	1			
						6.5	7.7	7.0	7.2	9.4	7.4	7.9	9.6	9.1	10.1	Increased, 2003-2021	No quadratic change	No change
QN6'	7: Perce	ntage of	studen	s who v	were try	ing to l	ose wei	ght								·		
														57.7	55.2	Decreased, 2019-2021	Not available [¶]	Decreased
ONT	4: Perce	0									· · ·		oke, Pej	psi, or S	prite,			
-	Junung v	1101 SOU	i or ulet	pop, or			o during	5 110 / 1	auys be	iore the	Survey,	,						

 * Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. * Based on t-test analysis, p < 0.05.

⁸Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions. ^INot enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Weigł	nt Mana	igemen	t and D	Dietary 1			Behavi	or and i	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
											op one c fore the s			er day (such			
												7.5	8.2	5.9	6.6	Decreased, 2015-2021	Not available [§]	No change
											op two c ore the s			er day (such			
												4.7	4.9	4.1	3.5	Decreased, 2015-2021	Not available	No change
QN76	: Percer	ntage of	student	ts who o	did not e	eat brea	kfast (dı	uring the	e 7 days	before	e the sur	vey)				-		
														13.8	20.3	Increased, 2019-2021	Not available	Increased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [†]Based on t-test analysis, p < 0.05. [§]Not enough years of data to calculate.

New Hampshire High School Survey

					Heal	th Risk	Behavi	or and	Percent	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
		-			1	. 1 1	C .	. 11 7 . 1 .	(1)		7 1 1	C .1						
NBK	TDAY:	: Perce	ntage of	student	s who a	ate breal	stast on	all / da	iys (duri	ng the	/ days t	before the	ne surve	ey)				

New Hampshire High School Survey

	al Acti	vity			Heal	th Risk	Behav	vior a	and Perc	entages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 *
1991	1993	1995	1997	1999	2001	2003	2005	20	07 200	9 2011	2013	2015	2017	2019	2021			
of phy		tivity th								inutes pe e hard so								
											39.7	40.7	38.7	40.3	37.8	No linear change	Not available [§]	Decreased
day (ii	n any ki	nd of pl		activity						60 minu hade then		hard so	ome of t		st 1 16.0	No linear change	Not available	No change
day (in during QNPA kind o	any ki the 7 d	nd of pl ays bef Percer cal activ	hysical a ore the s	activity survey)	that inc	reased t	their he	eart ra	te and m		n breathe 13.7 utes per	hard so 15.1 day on	15.2 all 7 da	he time 15.3 ys (in ar	16.0 Iy	No linear change	Not available	No change

New Hampshire High School Survey

Trend Analysis Report

Femal Physic	e :al Acti	vity																
					Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
				ts who l before th		oncussic ey)	on from	playing	a sport	or bein	g physic	cally act	tive (on	e or moi	re			
													12.7	13.5	10.8	Decreased, 2017-2021	Not available [§]	Decreased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. ^{*}Based on t-test analysis, p < 0.05. ^{*}Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Femal Other																		
					Healt	th Risk	Behavio	or and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
	: Percer months				saw a de	entist (fo	or a chec	ck-up, e	exam, te	eth clea	aning, or	other o	lental w	ork, du	ring			
												84.1	83.1	84.6	79.8	Decreased, 2015-2021	Not available [§]	Decreased
QNN(work)	DDNT:	Percent	age of s	students	who ne	ever saw	a denti	st (for a	a check-	-up, exa	ım, teeth	cleanii	ng, or o	ther den	ital	· · · · · · · · · · · · · · · · · · ·		
												0.8	0.5	0.8	0.8	No linear change	Not available	No change
QN86	: Perce	ntage of	studen	ts who g	got 8 or	more ho	ours of s	leep (o	n an av	erage so	chool nig	ght)						
												24.6	23.5	21.7	20.8	Decreased, 2015-2021	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [†]Based on t-test analysis, p < 0.05. [§]Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Female Site-A																		
					Heal	th Risk	Behavi	ior and	Perce	ntages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN87: before			studen	ts who ι	usually	did not	sleep in	their p	arent's	or guard	ian's ho	me (dui	ring the	30 days				
		-											2.1	1.8	1.2	Decreased, 2017-2021	Not available [§]	Decreased
QN88: the sur		ntage of	studen	ts who o	describe	ed their	grades i	n schoo	ol as mo	ostly A's	or B's (during	the 12 n	nonths t	before			
						74.8	75.2	79.0	80.2	76.0	81.3	81.9	84.1	83.6	80.1	Increased, 2003-2021	No quadratic change	Decreased
				ts who i len a bio		r never	wore a l	bicycle	helmet	(during	the 12 1	nonths	before t	he surve	ey,			
								55.7	57.0	59.1	55.6	50.8	52.0	49.6	57.3	Decreased, 2007-2021	No quadratic change	Increased
QN90:	Percei	ntage of	studen	ts who a	did not	always	wear a s	seat bel	t when	driving	(among	student	s who d	rive a c	ar)			
											24.3	20.5	18.8	10.1	11.5	Decreased, 2013-2021	Not available	No change

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Femal Site-A																		
					Heal	th Risk	Behavio	or and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
	: Percenter Perc			ts who o	carried a	a weapo	on (such a	as a gui	n, knife	, or clui	b, on at	least 1 c	lay duri	ing the 3	30			
													7.6	6.3	9.7	Increased, 2017-2021	Not available [§]	Increased
							bottle or the 7 day				one or m	ore tim	es per d	ay (cou	nting			
													82.0	84.5	78.4	Decreased, 2017-2021	Not available	Decreased
							bottle or the 7 day				wo or m	ore tim	es per d	lay (cou	nting			
													72.4	76.8	70.3	No linear change	Not available	Decreased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [†]Based on t-test analysis, p < 0.05. [§]Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Female Site-A																		
					Heal	th Risk	Behavio	or and P	ercent	tages						Linear Change [*]	Quadratic Change*	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
								glass of ys before			hree or	more tii	nes per	day (co	ounting			
													54.8	60.3	51.5	Decreased, 2017-2021	Not available [§]	Decreased
them of spend t	r emoti ime wi months	onally l th, bein	hurt the	m one o liated in	r more front o	times (c f others	ounting , or bein	were dati such thir g threate or went	ngs as ned if	being t they di	old who d not do	they co what t	ould and hey war	l could nted, du	not ring			
													33.5	33.7	40.3	Increased, 2017-2021	Not available	Increased
								wanted s e survey)		advanc	e becau	se of an	other st	udent's				
														6.6	6.8	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

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Trend Analysis Report

Femal Site-A	-																	
					Heal	th Risk	Behavio	r and 1	Percen	itages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
did not	t want t	o do (co	ounting	such thi	ngs as l	cissing,	they we touching during	, or ph	ysically	y forcing	g them	to have						
													1.6	0.9	1.8	No linear change	Not available [§]	Increased
	ontin, P						a prescri italin, or								e the			
										11.1	6.2	5.9	4.4	3.4	4.7	Decreased, 2011-2021	Decreased, 2011-2017 No change, 2017-2021	Increased
							reading, survey)	or seei	ng a pu	ablic me	essage a	bout av	oiding a	alcohol	or			
												81.1	70.4	72.4	61.8	Decreased, 2015-2021	Not available	Decreased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [†]Based on t-test analysis, p < 0.05. [§]Not enough years of data to calculate.

New Hampshire High School Survey

Femal Site-A																	
					Heal	th Risk]	Behavior a	nd Perce	ntages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005 200	07 2009	2011	2013	2015	2017	2019	2021	-		
-		•					bottle or gla the survey		n water	(countin	ng tap, b	ottled,	and				
												1.9	1.8	3.2	Increased, 2017-2021	Not available [§]	Increased
(for ex coffee	ample, drinks,	Gatora	de or Po d milk,	werAde Snapple	e), energ	gy drinks	ottle, or glas s (for examp ght, not cou	le, Red E	Bull or Jo	olt), lemo	onade, s	weeten	ed tea o	r			
												15.0	14.9	17.7	Increased, 2017-2021	Not available	Increased
					saw a core the s		nurse (for	a check-u	p or phy	sical exa	am whe	n they v	were no	sick			
											80.4	78.5	81.7	79.2	No linear change	Not available	Decreased

New Hampshire High School Survey

Female
Site-Added

					Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN10	5: Perc	entage	of stude	nts who	o have e	ver beer	n told by	a docto	or or a n	urse that	at they]	have as	thma					
														23.8	19.8	Decreased, 2019-2021	Not available [§]	Decreased
						ver slep ne 30 day				nts or gu	ardians	s becaus	e they v	were kic	ked			
													4.6	3.7	3.4	Decreased, 2017-2021	Not available	No change
if they	take a		tion dru			people an octor's pr									ways)			
										66.3	66.9	66.4	68.1	61.5	52.1	Decreased, 2011-2021	No change, 2011-2017 Decreased, 2017-2021	Decreased

New Hampshire High School Survey

Femal Site-A	-																
					Heal	th Risk	Behavior	and Per	centages						Linear Change [*]	Quadratic Change*	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005 20	007 20	09 2011	2013	2015	2017	2019	2021	-		
							neir friends very day (b				very wi	ong for	them to	o have			
										59.6	64.7	62.6	72.0	65.0	Increased, 2013-2021	Not available [§]	Decreased
): Perco mariju	-	of stude	nts who	reporte	d that th	eir friends	feel it v	ould be v	vrong or	very wi	ong for	them to)			
										45.7	46.5	40.0	40.2	44.6	No linear change	Not available	Increased
	ription						neir friends uch as Oxy										
										80.2	86.0	85.3	87.6	83.1	Increased, 2013-2021	Not available	Decreased

New Hampshire High School Survey

Trend Analysis Report

Femal Site-A	-																	
					Healt	th Risk	Behavio	or and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
			of stude day (bee			e or stro lor)	ongly ap	prove o	of some	one the	ir age ha	wing or	ne or tw	o drink	s of			
											5.8	6.1	3.4	3.0	4.3	Decreased, 2013-2021	Not available [§]	Increased
						ed that the nearly ev						very wi	rong for	them to	o have			
											91.4	92.9	92.0	93.0	89.2	No linear change	Not available	Decreased
-	3: Perce marijua	0	of stude	nts who	reporte	ed that th	neir pare	nts fee	l it wou	ld be w	rong or	very wi	rong for	them to)			
											85.2	85.2	79.1	80.4	79.8	Decreased, 2013-2021	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. ^{*}Based on t-test analysis, p < 0.05. [§]Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Femal Site-A					Healt	th Risk I	Rehavio	r and	Percer	ntages						Linear Change [*]	Quadratic Change [*]	Change from
					IIcun			i unu	1 01 001	luges						Linear Change	Qualifaire change	2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
	cription					ed that the												
											95.9	96.7	95.7	96.8	93.2	Decreased, 2013-2021	Not available [§]	Decreased
-	5: Perc or liquo	•	of stude	nts who	think it	t would b	e very e	asy fo	or them	to get s	ome alc	ohol if	they wa	nted to	(beer,			
											42.8	37.5	38.6	30.1	25.6	Decreased, 2013-2021	Not available	Decreased
QN12	6: Perc	entage o	of stude	nts who	think it	t would b	e very e	asy fo	or them	to get s	ome ma	rijuana	if they	wanted	to			
								37.2	40.9	45.0	45.4	39.7	39.9	37.2	24.8	Decreased, 2007-2021	No change, 2007-2017 Decreased, 2017-2021	Decreased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [†]Based on t-test analysis, p < 0.05. [§]Not enough years of data to calculate.

New Hampshire High School Survey

Femal Site-A					Healt	th Risk	Behavi	or and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
											prescrij Iderall,				ctor's			
										16.8	18.2	13.3	12.1	8.7	6.5	Decreased, 2011-2021	Decreased, 2011-2017 Decreased, 2017-2021	Decreased

New Hampshire High School Survey

Trend Analysis Report

					Healt	th Risk	Behavi	or and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN8:	Percent	age of	students	who di	d not al	ways w	ear a se	at belt (when ri	ding in	a car dr	iven by	someo	ne else)				
	72.9	69.5				52.9	50.0	44.9	45.3	43.3	41.3	38.6	35.7	30.9	30.5	Decreased, 1993-2021	Decreased, 1993-2015 Decreased, 2015-2021	No change
			students e 30 day				r who h	ad been	drinkir	ig alcoh	ol (in a	car or o	other ve	hicle, or	ne or			
	30.6	31.1				24.4	21.0	24.5	22.3	21.2	16.6	15.0	13.4	14.3	14.7	Decreased, 1993-2021	No quadratic change	No change
times		he 30 d									en drink or other							
											7.2	5.4	4.9	4.2	4.2	Decreased, 2013-2021	Not available [¶]	No change

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

New Hampshire High School Survey

Trend Analysis Report

		iolence			Healt	th Risk	Behavi	or and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
-		0							0		vehicle uring th	·		2	0			
											47.6	43.8	41.8	44.7	43.7	Decreased, 2013-2021	Not available [¶]	No change
			student s before			i weapo	n on scl	nool pro	operty (s	such as a	a gun, k	nife, or	club, o	n at leas	st 1			
													3.1	2.5	2.5	Decreased, 2017-2021	Not available	No change
-		0				_	hool bec he surve		ey felt ı	insafe a	t school	or on t	heir wa	y to or i	from			_

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

New Hampshire High School Survey

Trend Analysis Report

White Injury	* v and V	iolence																
					Healt	th Risk	Behavi	or and	Percen	tages						Linear Change [†]	Quadratic Change ^{\dagger}	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
			f student imes du							oon on s	school p	roperty	(such a	s a gun,	, knife,			
													5.9	5.5	6.2	No linear change	Not available [¶]	No change
	Percei s before			ts who v	were in	a physic	cal fight	on sch	ool prop	berty (or	ne or mo	ore time	es during	g the 12	2			
														6.9	4.6	Decreased, 2019-2021	Not available	Decreased
QN19:	Percei	ntage of	studen	ts who v	were eve	er physi	cally fo	rced to	have se	xual int	ercourse	e (when	they di	d not w	ant to)	-		
						5.1	4.9	6.2	6.7	5.4	5.0	5.6	5.3	6.4	8.4	Increased, 2003-2021	No quadratic change	Increased

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

New Hampshire High School Survey

991 1993	3 1995	1007															2019-2021
		1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
N20: Percouch things a ne or more	as kissing	, touchi	ng, or b	eing phy	ysically	forced to											
												9.1	10.0	11.3	Increased, 2017-2021	Not available [¶]	Increase
N21: Perc	ith to do	sexual th	ings [co	ounting	such this		issing,	touchin	ng, or b	eing phy	ysically	forced	to have	sexual			

New Hampshire High School Survey

White Injury	* v and V	iolence																
					Healt	th Risk	Behavio	or and Pe	ercent	ages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007 2	2009	2011	2013	2015	2017	2019	2021	-		
someo with a	ne they n object	were da or wea	ating or pon] on	going o e or mo	out with ore times	[counti s during	ng such	ting viole things as nonths be vey)	being	hit, sl	ammed	into soi	nething	, or inju				
											6.8	7.1	7.1	6.4	8.2	No linear change	Not available [¶]	Increased
QN23	Percer	ntage of	studen	ts who	were bu	llied on	school p	property (ever d	uring	the 12 r	nonths l	before t	he surve	y)			
								2	21.8	25.0	22.3	21.8	21.0	23.0	20.1	No linear change	No quadratic change	Decreased
								ied (count before the			ullied th	rough t	exting,	Instagra	m,			
										21.2	17.6	18.3	18.9	20.0	22.0	No linear change	Decreased, 2011-2015 Increased, 2015-2021	Increased

New Hampshire High School Survey

Trend Analysis Report

White ^s Injury		iolence																
					Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change [†]	Quadratic Change †	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
						or hope 12 mon				for >=2	weeks	in a rov	v so tha	t they st	opped			
						27.0	24.3	23.6	24.8	24.2	24.3	26.5	27.4	33.4	43.7	Increased, 2003-2021	No change, 2003-2017 Increased, 2017-2021	Increased
QN26:	Percer	ntage of	fstuden	ts who s	seriousl	y consid	lered at	temptin	g suicid	le (durin	ig the 1	2 month	ns befor	e the su	rvey)			
	25.5	25.6				17.0	13.8	13.2	11.5	14.2	14.1	14.7	15.5	18.2	24.3	Decreased, 1993-2021	Decreased, 1993-2013 Increased, 2013-2021	Increased
QN27: the sur		ntage of	fstuden	ts who i	made a	plan abo	out how	they w	ould att	empt su	icide (d	uring th	ne 12 m	onths be	efore			
														12.8	18.8	Increased, 2019-2021	Not available¶	Increased
QN28: survey		ntage of	fstuden	ts who a	actually	attemp	ted suic	ide (one	e or moi	re times	during	the 12 1	nonths	before t	he			
	9.6	8.1				6.8	6.7	4.7	4.3	5.7	6.3	6.2	5.1	6.2	9.3	Decreased, 1993-2021	Decreased, 1993-2017 Increased, 2017-2021	Increased

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

New Hampshire High School Survey

White Injury		iolence					.		Ð							*		
1991	1993	1995	1997	1999	Heal 2001	2003	Behavi 2005	or and2007	2009	2011	2013	2015	2017	2019	2021	Linear Change⁺ -	Quadratic Change [™]	Change from 2019-2021 [§]
		ntage of a doctor								n injury	, poisoi	ning, or	overdos	se that h	ad to			
	2.6	2.5				2.2	1.4	1.5	1.4	1.8	2.4	2.1	1.6	1.6	2.6	No linear change	No change, 1993-2017 Increased, 2017-2021	Increased

New Hampshire High School Survey

Trend Analysis Report

White Tobac	* co Use																	
					Heal	th Risk	Behavi	or and l	Percent	ages						Linear Change †	Quadratic Change [†]	Change from 2019-2021 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
								vapor pi , SMOK					, vapes,	vape pe	ens,			
													40.6	50.4	30.9	Decreased, 2017-2021	Not available [¶]	Decreased
pens, e	e-cigars	, e-hook	cahs, ho		ns, and			onic vap IUUL, S										
												24.3	23.6	34.2	16.3	Decreased, 2015-2021	Not available	Decreased
				udents survey		rrently u	ised elec	etronic v	apor pr	oducts	frequer	ntly (on	20 or n	nore day	S			
												3.6	5.4	13.5	7.1	Increased, 2015-2021	Not available	Decreased

^{*}Non-Hispanic. ^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

New Hampshire High School Survey

White Tobac	* co Use				Heek	the Diale	Dahari		Damaam	40.000						Lincor Choncei	Que dustia Chen es [†]	Change from
1991	1993	1995	1997	1999	2001	th Risk	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 [§]
	YEVP: efore th			student	ts who o	currently	y used e	lectron	ic vapor	produc	cts daily	(on all	30 days	during	the 30			
												2.3	3.6	9.3	5.3	Increased, 2015-2021	Not available [¶]	Decreased

New Hampshire High School Survey

Trend Analysis Report

White Alcoh		Other I	Drug Us	se	Heal	th Risk	Behavi	or and	Percen	tages						Linear Change †	Quadratic Change [†]	Change from 2019-2021 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN40:	Perce	ntage of	f studen	ts who l	had thei	r first d	rink of a	alcohol	before a	ige 13 y	vears (ot	her thai	n a few	sips)	:			
	30.0	25.7				25.2	18.3	16.8	13.3	13.0	10.7	9.5	9.5	9.8	9.3	Decreased, 1993-2021	No quadratic change	No change
		ntage of e the su		ts who	currentl	y drank	alcohol	(at leas	st one di	rink of a	alcohol,	on at le	ast 1 da	y durin	g the			
	49.0	53.5				46.8	43.9	44.7	38.8	37.6	32.4	29.9	29.6	27.5	21.9	Decreased, 1993-2021	Decreased, 1993-2007 Decreased, 2007-2021	Decreased
were f	emale o	or five o		drinks o	of alcoho		oinge dr ow if the											
														14.6	11.5	Decreased, 2019-2021	Not available [¶]	Decreased

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

New Hampshire High School Survey

Trend Analysis Report

					Heal	th Risk	Behavi	or and	Percer	tages						Linear Change [†]	Quadratic Change †	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
						got the a				someon	e giving	g it to th	em (dur	ing the	30			
								33.1	31.6	34.0	42.7	44.1	41.5	36.8	41.3	Increased, 2007-2021	Increased, 2007-2015 Decreased, 2015-2021	Increased
QN46:	Percer	ntage of	studen	ts who t	ried ma	rijuana	for the	first tim	e befor	e age 13	3 years			÷				
	6.8	5.6				10.9	6.7	7.2	7.2	6.4	5.9	5.2	4.5	4.0	3.9	Decreased, 1993-2021	Increased, 1993-2003 Decreased, 2003-2021	No change
QN47:	Percer	ntage of	studen	ts who o	currentl	y used n	narijuar	a (one	or more	times o	luring t	he 30 da	iys befo	re the s	urvey)			
	20.6	27.5				30.4	25.3	22.3	24.5	27.7	23.7	21.4	22.4	25.9	17.8	Decreased, 1993-2021	Decreased, 1993-2017 Decreased, 2017-2021	Decreased
QN48:	Percer	ntage of	studen	ts who e	ever use	ed synthe	etic mar	rijuana	(one or	more ti	mes dui	ing thei	r life)					
												8.5	5.0	7.9	9.9	Increased, 2015-2021	Not available [¶]	Increased

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

New Hampshire High School Survey

Trend Analysis Report

White* Alcohol ar	and Of	ther D	orug Us	se														
					Heal	th Risk	Behavi	ior and	Percen	ntages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 [§]
1991 199	993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN52: Per times durir				ts who	ever use	ed heroi	n (also d	called "	smack,"	' "junk,'	' or "Ch	ina Whi	ite," one	or mor	re			
						2.1	1.6	2.0	1.9	2.8	1.6	1.7	1.3	1.0	1.0	Decreased, 2003-2021	No quadratic change	No change
QN53: Per or "meth,"							ampheta	mines	(also ca	lled "sp	eed," "c	rystal n	neth," "o	rank," '	"ice,"			
						7.2	5.0	4.6	3.7	3.2	1.7	1.7	1.2	1.3	1.2	Decreased, 2003-2021	No quadratic change	No change
QN54: Per their life)	ercent	age of	studen	ts who	ever use	ed ecstas	sy (also	called	'MDMA	A" or "N	Aolly," o	one or n	nore tin	es durii	ng			
						9.9	5.1	5.4	5.7	7.5	6.3	3.7	2.4	1.9	2.1	Decreased, 2003-2021	No quadratic change	No change
QN56: Per months bef				ts who	were of	fered, so	old, or g	iven an	illegal	drug on	school	propert	y (durir	g the 12	2			
25	5.2	31.5				27.9	26.5	21.8	20.8	22.4	19.8	16.1	15.7	20.3	15.4	Decreased, 1993-2021	Decreased, 1993-2015 No change, 2015-2021	Decreased

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

New Hampshire High School Survey

Trend Analysis Report

					Heal	th Risk	Behavi	or and	Percen	itages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN57:	Percei	ntage of	studen	ts who	ever had	l sexual	interco	urse	÷	:			÷					
	53.8	46.0				41.1	42.0	43.8	45.6	46.8	42.5	38.9	38.5	40.2	29.9	Decreased, 1993-2021	No quadratic change	Decreased
QN58:	Percei	ntage of	studen	ts who l	had sexu	ual inter	course	for the f	first tim	e before	e age 13	years						
	7.0	4.5				3.5	2.4	3.4	3.5	3.3	2.9	2.0	1.8	1.8	2.0	Decreased, 1993-2021	No quadratic change	No change
QN59:	Percei	ntage of	studen	ts who l	had sexu	al inter	course	with for	ur or mo	ore pers	ons duri	ng their	life					
													7.9	6.7	4.7	Decreased, 2017-2021	Not available [¶]	Decreased
			studen efore th			rrently s	sexually	active	(had sez	xual inte	ercourse	with a	t least o	ne perso	on,			
	36.6	33.6				30.8	32.6	33.5	35.7	36.7	34.7	30.8	29.9	30.2	22.0	Decreased, 1993-2021	Decreased, 1993-2017 Decreased, 2017-2021	Decreased

White*

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

New Hampshire High School Survey

Trend Analysis Report

White Sexua	* Behav	riors			Healt	th Risk	Behavi	or and	Percen	tages						Linear Change †	Quadratic Change †	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
			student ly activ		drank al	cohol o	r used d	rugs be	fore las	t sexual	interco	urse (ar	nong stu	idents v	who			
	20.6	21.9				21.9	17.6	21.9	18.7	20.6	18.4	17.0	17.0	18.8	18.1	Decreased, 1993-2021	No quadratic change	No change
	Percei ly active		studen	ts who i	used a c	ondom	during l	ast sexu	ual inter	course	(among	student	s who v	vere cur	rently			
	51.8	51.9				56.5	64.6	65.7	57.8	61.5	55.4	61.2	60.0	55.8	52.4	Increased, 1993-2021	Increased, 1993-2007 Decreased, 2007-2021	Decreased
			studen ea (duri						mitted	disease	(STD) o	other the	an HIV,	such as	5		·	
		-		-				-						9.1	5.5	Decreased, 2019-2021	Not available¶	Decreased

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. ⁸Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

					He	alth Risk	Behav	ior and	Percen	tages						Linear Change [†]	Quadratic Change ^{\dagger}	Change from 2019-2021
1991	1993	1995	1997	1999	200	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
						re overw ata from						rcentile	for bod	y mass i	index,			
						13.0	13.1	13.8	12.8	14.0	13.6	14.6	14.0	14.0	13.4	No linear change	No quadratic change	No chang
						ad obesi CDC gro 9.6	wth cha		centile fo 12.2	-	mass in 10.6	ndex, ba		sex- and 12.5	1 12.9	Increased, 2003-2021	No quadratic change	No chang
ge-sp	ecific re	eferenc	e data f	rom th	e 2000	CDC gro	wth cha 11.3	rts) [¶] 11.5		-						,	No quadratic change Not available	
QN67:	Percer Percer	ntage o	e data f f stude: f stude:	rom th	o were t	CDC gro 9.6	wth cha 11.3 ose wei	rts)¶ 11.5 ght tle, or g	12.2	11.5	10.6 pop (su	12.1	12.4	12.5 43.9	12.9 42.2	2003-2021 Decreased,		No chang Decrease

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

¹Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

**Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

					Heal	th Risk	Behavi	or and	Percen	tages						Linear Change †	Quadratic Change ^{\dagger}	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
											op one o ore the s		times p	er day (such	·		
												12.5	11.8	10.0	9.0	Decreased, 2015-2021	Not available [¶]	Decreased
											op two c ore the s		times p	er day (such			
												8.8	7.1	6.8	5.5	Decreased, 2015-2021	Not available	Decreased
QN76	: Percei	ntage of	studen	ts who c	lid not o	eat brea	kfast (dı	uring th	e 7 days	s before	the surv	vey)		-	-			
														13.3	17.6	Increased.	Not available	Increased

*Non-Hispanic.
*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
*Based on t-test analysis, p < 0.05.
*Not enough years of data to calculate.

New Hampshire High School Survey

					Heel	4h Diala	Dahari		Danaan	40.000						Lincon Choncot	Que dustis Changet	Change from
					Hear	th K isk	Benavi	or and	Percen	tages						Linear Change [†]	Quadratic Change [†]	2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
NBK	7DAY:	Percei	ntage of	studen	ts who a	ate brea	kfast on	all 7 da	ays (dur	ing the	7 days	before t	he surve	ey)				
														34.5	28.9	Decreased, 2019-2021	Not available [¶]	Decreased

New Hampshire High School Survey

Trend Analysis Report

White Physic	* cal Acti	vity															
Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change ^{\dagger}	Change from 2019-2021 §		
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011 2013	2015	2017	2019	2021			
of phy		tivity th								es per day on rd some of th							
		•								47.8	47.4	47.7	48.1	47.3	No linear change	Not available [¶]	No change
day (in	n any ki		nysical a	activity						minutes of ph them breath 11.0	e hard so	ome of t			No linear change	Not available	No change
kind of		al activ) minutes per ne hard some							
										22.6	22.1	22.8	22.6	23.5	No linear change	Not available	No change

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

New Hampshire High School Survey

					Healt	h Risk	Behavi	or and	Percent	tages						Linear Change [†]	Quadratic Change †	Change from 2019-2021
91	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
101.	Percer						n from j	olaying	a sport	or being	g physic	cally act	ive (one	e or moi	e			
	luring tl	he 12 m	onths b	efore th	e surve	y)												

New Hampshire High School Survey

White Other																		
					Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [†]	Quadratic Change ^{\dagger}	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
	Percer months				saw a de	entist (fo	or a che	ck-up, e	exam, te	eth clea	aning, or	other o	lental w	vork, du	ring			
												84.4	84.3	85.0	80.0	Decreased, 2015-2021	Not available [¶]	Decreased
QNN(work)	DDNT:	Percent	tage of s	students	who ne	ever saw	v a denti	ist (for a	a check-	-up, exa	m, teeth	cleani	ng, or o	ther den	ntal			
work)												0.9	0.5	0.7	1.0	No linear change	Not available	No change
QN86:	: Percer	ntage of	f studen	ts who	got 8 or	more h	ours of s	sleep (o	n an av	erage sc	chool nig	ght)						
												28.7	25.7	23.9	23.5	Decreased, 2015-2021	Not available	No change

New Hampshire High School Survey

Trend Analysis Report

White* Site-Added																	
				Heal	th Risk	Behavi	ior and	Percer	ntages						Linear Change †	Quadratic Change ^{\dagger}	Change from 2019-2021 [§]
1991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN87: Percent before the surv		student	s who u	usually	did not	sleep in	their p	arent's o	or guard	lian's ho	me (du	ring the	30 days	5			
												1.9	1.7	1.3	Decreased, 2017-2021	Not available [¶]	Decreased
QN88: Percent the survey)	tage of	student	s who c	describe	d their	grades i	n schoo	ol as mo	stly A's	or B's (during	the 12 r	nonths l	before			
					68.0	67.2	72.5	72.9	70.4	74.7	76.1	78.7	78.0	77.0	Increased, 2003-2021	No quadratic change	No change
QN89: Percent among students					r never	wore a l	oicycle	helmet	(during	the 12	months	before t	he surv	ey,	-		
							65.5	60.8	61.4	57.9	54.8	55.3	52.5	54.9	Decreased, 2007-2021	Decreased, 2007-2015 No change, 2015-2021	Increased
QN90: Percent	tage of	student	s who c	did not a	always	wear a s	eat belt	when o	lriving	(among	student	s who d	rive a c	ar)			
								·		26.7	23.1	20.9	12.1	13.6	Decreased, 2013-2021	Not available	No change

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

New Hampshire High School Survey

White Site-A					Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change [†]	Quadratic Change †	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
	Percer efore th			ts who c	carried a	a weapo	n (such	as a gu	n, knife	, or clul	o, on at	least 1	day duri	ng the 3	30			
													15.4	14.5	15.9	No linear change	Not available [¶]	Increased
-			U			drank a , during		0			one or m	ore tim	Ĩ		U	No lincor shonge	Notovoilekle	Deerooged
													80.1	84.0	79.8	No linear change	Not available	Decreased
						drank a , during					wo or m	ore tim	ies per c	lay (cou	inting			

New Hampshire High School Survey

Trend Analysis Report

-	dded				Heal	th Risk	Behavi	or and	Percent	ages						Linear Change [†]	Quadratic Change ^{\dagger}	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
									of plain ore the su		hree or	more ti	mes per	day (co	unting			
													53.5	59.4	54.6	No linear change	Not available [¶]	Decreased
)N93	Percer	ntage of	fstuden	ts who i	reported	someo	ne thev	were da	ating or s	going o	out with	n purpos	ely tried	to cont	rol			
hem o spend he 12	or emoti time wi months	onally l th, bein	nurt thei g humil	m one o liated in	r more front o	times (c f others	ounting , or beir	such th g threa	ating or g nings as tened if nt out wi	being t they di	old wh d not d	o they co o what t	ould and hey war	l could i ited, dui	not ring			
them of spend	or emoti time wi months	onally l th, bein	nurt thei g humil	m one o liated in	r more front o	times (c f others	ounting , or beir	such th g threa	nings as tened if	being t they di	old wh d not d	o they co o what t	ould and hey war	l could i ited, dui	not ring ore	Increased, 2017-2021	Not available	Increased
hem of spend he 12 he sur	or emoti time wi months vey)	onally I th, bein before ntage of	nurt then g humil the surr	m one o liated in vey, am ts who l	r more front o ong stud	times (c f others dents w	ounting , or beir ho datec	such the such the such the such the such the such the such as the	nings as tened if nt out wi	being t they di th som	old who d not d leone d	o they co o what t uring the	build and hey war e 12 mo 25.1	l could n nted, du nths bef 26.4	not ring ore	,	Not available	Increase

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

New Hampshire High School Survey

Trend Analysis Report

White Site-A																		
					Healt	th Risk	Behavio	or and	Percen	ntages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
did not	t want t	o do (co	ounting	such thi	ngs as l	cissing,	they we touching e during	, or ph	ysically	y forcin	g them t	to have						
													1.6	1.2	2.3	No linear change	Not available [¶]	Increased
	ontin, Po						a prescri Litalin, or								e the			
J	,									10.9	7.0	5.9	4.7	3.8	3.9	Decreased, 2011-2021	Decreased, 2011-2017 No change, 2017-2021	No change
							reading, survey)	or see	ing a pı	ublic me	essage a	bout av	oiding a	alcohol	or			
												81.0	69.7	71.5	60.8	Decreased, 2015-2021	Not available	Decreased

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

New Hampshire High School Survey

White Site-A																		
					Heal	th Risk	Behavi	or and	Percen	tages						Linear Change ^{\dagger}	Quadratic Change ^{\dagger}	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	201	3 2015	2017	2019	2021	-		
							bottle o the sur		of plain	water	(coun	ing tap, l	pottled,	and	;			
													2.6	2.1	3.2	No linear change	Not available [¶]	Increased
(for ex	ample, drinks,	Gatorac flavore	le or Po	werAde Snapple	e), energ	gy drink	s (for ex	xample,	, Red Bu	ill or Jo	olt), le	beverage nonade, or more t	sweeten	ed tea c	or			
													18.2	17.7	18.3	No linear change	Not available	No change
QN104	4: Perce						r nurse	(for a c	heck-up	or phy	sical e	xam whe	en they	were no	t sick			
or inju	red duri	ng the	12 mon	ths befo	re the s	urvey)												

New Hampshire High School Survey

Trend Analysis Report

White Site-A																		
					Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN10:	5: Perce	entage (of stude	nts who	have e	ver beer	n told by	a docto	or or a r	urse th	at they	have ast	thma					
														22.4	18.9	Decreased, 2019-2021	Not available [¶]	Decreased
			of stude e aband							nts or g	uardians	becaus	se they v	were kic	cked			
													3.9	3.6	2.9	Decreased, 2017-2021	Not available	Decreased
if they		prescrip	tion dru								mselves 1, Perco				·ways)			
										62.4	63.8	64.1	64.0	57.8	49.1	Decreased, 2011-2021	No change, 2011-2017 Decreased, 2017-2021	Decreased

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

New Hampshire High School Survey

Trend Analysis Report

White ^s Site-A																		
					Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [†]	Quadratic Change †	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
-		0				ed that the the the the the the the the the th					0	very wi	ong for	them to	o have			
											54.2	58.0	56.8	65.7	63.1	Increased, 2013-2021	Not available [¶]	Decreased
): Perco marijua		of stude	nts who	reporte	ed that th	neir frie	nds feel	it woul	ld be wi	rong or	very wi	ong for	them to)			
											41.5	43.2	37.1	37.1	45.1	No linear change	Not available	Increased
	ription					ed that the the the the the the the the the th										·		
											79.2	82.9	81.6	84.5	81.7	Increased, 2013-2021	Not available	Decreased

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

New Hampshire High School Survey

White Site-A																		
					Healt	th Risk	Behavi	or and	Percen	tages						Linear Change [†]	Quadratic Change †	Change from 2019-2021 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
			of stude lay (bee				ongly ap	prove o	of some	one thei	r age ha	iving or	ne or tw	o drinks	s of			
											6.1	6.9	5.5	4.2	4.7	Decreased, 2013-2021	Not available [¶]	No change
							heir pare very day					very wi	ong for	them to	o have			
											89.5	90.2	89.8	91.7	88.4	No linear change	Not available	Decreased
	3: Perco marijua		of stude	nts who	reporte	d that th	heir pare	ents fee	l it wou	ld be w	rong or	very wi	ong for	them to)			
											83.2	83.7	79.1	78.7	79.2	Decreased, 2013-2021	Not available	No change

New Hampshire High School Survey

Trend Analysis Report

White Site-A					Healt	th Risk	Behavi	or and	Percen	itages						Linear Change [†]	Quadratic Change †	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
	ription										rong or Vicodin							
											95.3	95.9	95.1	96.4	93.7	No linear change	Not available [¶]	Decreased
-	5: Perce or liquo	0	of stude	nts who	think it	t would	be very	easy fo	or them	to get s	ome alc	ohol if 1	hey wa	nted to	(beer,			
		-)									40.8	37.8	39.2	31.6	25.3	Decreased, 2013-2021	Not available	Decreased
QN12	6: Perce	entage o	of stude	nts who	think it	t would	be very	easy fo	or them	to get s	ome ma	rijuana	if they	wanted	to	· •		
								41.2	43.0	47.5	46.7	41.2	40.7	39.1	24.4	Decreased, 2007-2021	No change, 2007-2017 Decreased, 2017-2021	Decreased

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

New Hampshire High School Survey

White Site-A																*		
1991	1993	1995	1997	1999	Healt	th Risk	Behavi	or and	Percen	tages 2011	2013	2015	2017	2019	2021	Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 [§]
											prescrij							
											lderall,							
										18.3	16.2	13.9	12.8	9.6	5.9	Decreased, 2011-2021	Decreased, 2011-2017 Decreased, 2017-2021	Decreased

New Hampshire High School Survey

					Healt	th Risk	Behavi	or and	Percent	tages						Linear Change [†]	Quadratic Change †	Change from 2019-2021
991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
ĮN8 :	Percent	age of s	students	who di	d not al	ways w	ear a sea	at belt (v	when rio	ding in	a car dri	ven by	someor	ne else)				
												50.8	48.9	49.2	46.7	No linear change	Not available [¶]	No change
					de with e the sur		r who h	ad been	drinkin	g alcoh	ol (in a d	car or c	other vel	nicle, or 16.6	ne or 15.3	No linear change	Not available	No change
iore												17.7	23.1			en e		No chang
QN10	Percer	he 30 da									en drinki or other	ng alco	ohol (on					

New Hampshire High School Survey

Black [:] Injury		iolence			Healt	th Risk	Behavi	or and	Percen	tages						Linear Change †	Quadratic Change †	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
							ed while driven a									;		
												46.2	35.5	43.5	38.4	No linear change	Not available [¶]	No change
			f student vs before			a weapo	n on sch	nool pro	operty (s	such as	a gun, k	nife, oı	club, o	n at leas	st 1			
													5.1	5.7	2.7	No linear change	Not available	No change
QN14:		•	student lay duri		-	-	hool bec		ey felt ı	unsafe a	at school	or on	their wa	y to or t	from	· · · · ·		
school	(on at I		•	0	2			•										

New Hampshire High School Survey

Black [;] Injury	* v and V	iolence			Heel	4h Diala	Dahari		Damaan							Lincon Choncei	Que ductio Chen es [†]	Change from
					Hear	UI KISK	Behavi	or and	Percen	lages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
							l or inju fore the			on on s	chool p	roperty	(such a	s a gun,	, knife,			
													11.6	13.5	4.8	Decreased, 2017-2021	Not available [¶]	Decreased
	Percei s before			ts who	were in	a physic	cal fight	on sch	ool prop	erty (or	ne or mo	ore time	es durin	g the 12	2			
														15.5	5.6	Decreased, 2019-2021	Not available	Decreased
QN19:	Percei	ntage of	studen	ts who	were ev	er physi	ically fo	rced to	have se	xual int	ercourse	e (when	they di	d not w	ant to)			
												7.3	7.3	7.9	7.8	No linear change	Not available	No change

New Hampshire High School Survey

				Healt	h Risk I	Behavio	and]	Percen	tages						Linear Change [†]	Quadratic Change ^{\dagger}	Change from 2019-2021
991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
N20: Perce things a ne or more	is kissing	, touchi	ng, or b	eing phy	sically	forced to											
	unics du	ing the	12 1101	1115 0010	re the st	nvey)						9.5	9.7	6.7	No linear change	Not available [¶]	No change

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Trend Analysis Report

		iolence			Healt	th Risk	Behavi	ior and I	Percenta	iges						Linear Change [†]	Quadratic Change ^{\dagger}	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
somec with a	ne they n object	were da or wea	ating or pon] on	going o e or mo	out with re times	[counti s during	ng such	ating vio things a months b vey)	s being l	nit, slan	nmed i	into son	nething,	or inju				
												11.2	15.7	10.5	7.4	No linear change	Not available [¶]	No change
			-		-		:											
QN23	Perce	ntage of	studen	ts who v	were bu	llied on	school	property	(ever du	ring th	ie 12 m	nonths b	efore th	e surve	y)	·		
QN23	Perce	ntage of	studen	ts who v	were bu	llied on	school	property		-	ue 12 m 31.0	nonths b 16.0	efore th 16.2	e surve 20.2	y) 15.3	No linear change	No quadratic change	No change
QN24	Perce	ntage of	studen	ts who v	were ele	ectronic	ally bull	property lied (cou	nting bei	23.0	31.0	16.0	16.2	20.2	15.3	No linear change	No quadratic change	No change

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

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Trend Analysis Report

Black* Injury and V	iolence																
				Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 [§]
1991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN25: Perce loing some u									for >=2	weeks	in a row	v so tha	t they st	opped			
											25.5	23.6	31.7	34.8	Increased, 2015-2021	Not available¶	No change
QN26: Perce	ntage of	studen	ts who s	seriousl	y consic	lered att	temptin	g suicid	e (durir	ng the 12	2 month	ns befor	e the sur	rvey)			
									14.9	16.4	12.2	20.6	17.8	23.3	No linear change	No quadratic change	No change
QN27: Perce he survey)	ntage of	studen	ts who r	nade a	plan abo	out how	they w	ould atte	empt su	icide (d	uring th	ne 12 m	onths be	efore			
													14.3	13.5	No linear change	Not available	No change
QN28: Perce survey)	ntage of	studen	ts who a	actually	attemp	ted suici	ide (one	e or mor	e times	during	the 12 r	nonths	before t	he			
survey)																	

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

New Hampshire High School Survey

Black [:] Injury		iolence			Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [†]	Quadratic Change †	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
						icide at 2 month				n injury	, poisor	ning, or	overdos	e that h	ad to			
												3.3	2.8	4.4	2.6	No linear change	Not available [¶]	No change

New Hampshire High School Survey

Black [:] Tobac	* co Use				Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
											ng e-cig e, and bl		vapes,	vape pe	ens,			
													42.0	44.0	27.0	Decreased, 2017-2021	Not available [¶]	Decreased
pens, e		, e-hook	ahs, ho	okah pe	ns, and						cluding , Vuse, a							
-												30.3	22.2	24.8	14.8	Decreased, 2015-2021	Not available	Decreased
	EVP: I the 30					rently u	ised elec	ctronic	vapor p	roducts	frequen	tly (on	20 or n	ore day	/S	·		
												7.9	6.1	8.1	6.5	No linear change	Not available	No change

New Hampshire High School Survey

Black* Tobac	* co Use				Heal	th Risk	Behavi	ior and	Percen	itages						Linear Change [†]	Quadratic Change †	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
	YEVP: efore th			f studen	ts who	currentl	y used e	electron	ic vapoi	r produc	cts daily	(on all 6.8	30 days 5.0	during 6.5	the 30 5.0	No linear change	Not available [¶]	No change

New Hampshire High School Survey

Trend Analysis Report

					Healt	th Risk	Behavi	or and	Percen	tages						Linear Change [†]	Quadratic Change ^{\dagger}	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
2N40	Percei	ntage of	student	ts who l	nad thei	r first dı	rink of a	lcohol	before a	ige 13 y	ears (ot	her thar	a few	sips)	:			
												20.1	13.5	13.2	11.1	Decreased, 2015-2021	Not available¶	No chang
	Percer s before			ts who c	currently	y drank	alcohol	(at leas	t one dr	ink of a	lcohol,	on at le	ast 1 da	y durin	g the	· · · · · · · · · · · · · · · · · · ·		
												29.3	27.6	16.4	16.1	Decreased, 2015-2021	Not available	No chang
were f		r five of	more d	lrinks o	f alcoho						re drink couple							

*Non-Hispanic.
*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
*Based on t-test analysis, p < 0.05.
*Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017 2019 2021 QN44: Percentage of students who usually got the alcohol they drank by someone giving it to them (during the 30 days before the survey, among students who currently drank alcohol) 35.5 36.2 22.5 37.7 No linear change Not available ¹ QN46: Percentage of students who tried marijuana for the first time before age 13 years 10.8 8.6 7.3 5.9 No linear change Not available QN47: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey) 32.1 27.1 25.5 16.9 Decreased, Not available															e	rug Us	Other D		Black ^a Alcoh
QN44: Percentage of students who usually got the alcohol they drank by someone giving it to them (during the 30 days before the survey, among students who currently drank alcohol) 35.5 36.2 22.5 37.7 No linear change Not available [¶] QN46: Percentage of students who tried marijuana for the first time before age 13 years 10.8 8.6 7.3 5.9 No linear change Not available QN47: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey) 32.1 27.1 25.5 16.9 Decreased, Not available	hange from 2019-2021 [§]	Quadratic Change †	Linear Change †						tages	Percen	or and	Behavi	th Risk	Healt					
days before the survey, among students who currently drank alcohol) 35.5 36.2 22.5 37.7 No linear change Not available ¹ QN46: Percentage of students who tried marijuana for the first time before age 13 years 10.8 8.6 7.3 5.9 No linear change Not available QN47: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey) 32.1 27.1 25.5 16.9 Decreased, Not available				2021	2019	2017	2015	201	2011	2009	2007	2005	2003	2001	1999	1997	1995	1993	1991
QN46: Percentage of students who tried marijuana for the first time before age 13 years 10.8 8.6 7.3 5.9 No linear change Not available QN47: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey) 32.1 27.1 25.5 16.9 Decreased, Not available				30	ing the 3	em (dur	it to the	e givi	omeone										
10.8 8.6 7.3 5.9 No linear change Not available QN47: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey) 32.1 27.1 25.5 16.9 Decreased, Not available	No change	Not available [¶]	No linear change	37.7	22.5	36.2	35.5												
QN47: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey) 32.1 27.1 25.5 16.9 Decreased, Not available								3 year	e age 13	e before	ïrst tim	for the f	rijuana	ried ma	s who t	student	ntage of	Percer	QN46:
32.1 27.1 25.5 16.9 Decreased, Not available	No change	Not available	No linear change	5.9	7.3	8.6	10.8												
				rvey)	re the su	ys befo	ne 30 da	luring	times c	or more	a (one o	narijuan	y used n	urrently	s who c	student	ntage of	Percer	QN47:
2015-2021	Decreased	Not available	Decreased, 2015-2021	16.9	25.5	27.1	32.1												
QN48: Percentage of students who ever used synthetic marijuana (one or more times during their life)						r life)	ing thei	mes d	more tii	one or	ijuana (etic mar	d synth	ever use	s who e	student	ntage of	Percer	QN48:
14.4 6.9 13.9 9.6 No linear change Not available	No change	Not available	No linear change	9.6	13.9	6.9	14.4												

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

New Hampshire High School Survey

Trend Analysis Report

Alcoh	ol and (Other L	Drug Us	se	Healt	h Risk	Behavi	or and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
	: Percer during tl			ts who e	ever use	d heroir	ı (also c	alled "s	smack,"	"junk,"	or "Ch	ina Whi	ite," one	or mor	e			
	U		,									6.8	4.0	4.8	2.7	No linear change	Not available [¶]	No change
	: Percer eth," one						mpheta	mines (also cal	led "spo	eed," "c	erystal m 6.6	neth," "o 4.8	erank," ' 4.6	ice," 2.8	No linear change	Not available	No chang
or "me QN54	eth," one	e or moi	re times	during	their life	e)	-		-	_		6.6	4.8	4.6	2.8	No linear change	Not available	No change
or "me QN54	eth," one	e or moi	re times	during	their life	e)	-		-	_		6.6	4.8	4.6	2.8	No linear change Decreased, 2011-2021	Not available	No chang No chang
QN54 QN54 their 1	eth," one	e or mor ntage of	re times [?] studen [?] studen	during ts who e	their life	e) d ecstas	y (also	called "	'MDMA	A" or "N 22.8	Aolly," - 8.9	6.6 one or n 7.3	4.8 nore tim 5.1	4.6 les durir 5.0	2.8 ng 3.5	Decreased,		

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

New Hampshire High School Survey

Trend Analysis Report

Black [*] Sexual	* l Behav	iors																
					Heal	th Risk	Behavi	ior and	Percer	ntages						Linear Change [†]	Quadratic Change †	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN57:	Percer	ntage of	studen	ts who e	ever had	l sexual	interco	urse				:				·		
												39.1	38.2	33.0	23.3	Decreased, 2015-2021	Not available [¶]	Decreased
ON58	Percer	ntage of	studen	ts who l	had sevi	ual inter	course	for the	first tim	e befor	e age 13	vears			·	·		
Q1150.	I CICCI	nage of	studen	ts who i			course		mst um		e age 15	-						
												7.1	6.1	5.4	2.8	No linear change	Not available	No change
QN59:	Percer	ntage of	studen	ts who l	had sexu	ual inter	course	with fo	ur or me	ore pers	ons duri	ing their	life		-			
													15.0	9.5	6.2	Decreased, 2017-2021	Not available	No change
				ts who v he surve		rrently s	sexually	active	(had se	xual int	ercourse	e with a	t least o	ne perso	on,			
												29.2	28.1	22.8	14.7	Decreased, 2015-2021	Not available	Decreased

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

New Hampshire High School Survey

Black ^a Sexua	* l Behav	iors																
					Healt	th Risk	Behavi	or and	Percen	tages						Linear Change [†]	Quadratic Change ^{\dagger}	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
	Percer urrently				lrank al	cohol or	used d	rugs bei	fore last	sexual	intercou	urse (an	nong stu	udents v	vho			
												35.3	29.4	20.9	25.4	No linear change	Not available [¶]	No change
	Percer ly active		student	s who u	ised a co	ondom o	during l	ast sexu	al inter	course ((among	student	s who v	vere cur	rently			
зехии	ly active	.,										50.8	64.3	51.0	54.1	No linear change	Not available	No change
									mitted c	lisease	(STD) o	ther the	an HIV,	such as				
chlam	ydia or g	gonorrh	ea (duri	ng the 1	12 mont	hs befor	re the su	irvey)						7.2	6.1	No linear change	Not available	No change
																C		6

New Hampshire High School Survey

Trend Analysis Report

					Heal	th Risk	Behavi	or and	Percent	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
									ercentile growth c			centile	for bod	y mass i	index,			
												16.7	15.9	17.5	16.2	No linear change	Not available	No change
				tudents om the					entile fo	or body	mass in	dex, ba	sed on	sex- and	1			
or op												9.3	19.5	15.9	17.9	No linear change	Not available	No chang
			Sectudor	to who r		ing to 1						9.3	19.5	15.9	17.9	No linear change	Not available	No chang
			studen	ts who v	were try	ring to l	ose wei	ght				9.3	19.5	15.9 37.6	17.9 40.9	No linear change	Not available	No chang No chang
QN67: QN74:	Percer	ntage of	studen	ts who c	lid not o	drink a d	can, bot	tle, or g	lass of solays before					37.6	40.9	······		

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

**Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

					Healt	th Risk	Behavi	or and	Percent	tages						Linear Change [†]	Quadratic Change ^{\dagger}	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
											op one o ore the s		times p	er day (such			
												16.6	19.6	15.0	12.5	No linear change	Not available [¶]	No chang
											op two o ore the s	r more	times p			No linear change Decreased, 2015-2021	Not available [¶]	No chang No chang
s Cok	te, Peps	i, or Sp	rite, not	countir	ng diet s	oda or c	liet pop	, during	the 7 d	ays befo		r more urvey) 14.6	times p	er day (such	Decreased,		

*Non-Hispanic.
*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
*Based on t-test analysis, p < 0.05.
*Not enough years of data to calculate.

New Hampshire High School Survey

					Heal	th Risk	Behavi	or and	Percen	tages						Linear Change †	Quadratic Change ^{\dagger}	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			2017-2021
QNBK	7DAY	Perce	ntage of	f studen	ts who	ate brea	kfast on	all 7 da	ays (dur	ing the	7 days l	before tl	ne surve	ey)				
														24.7	22.0	No linear change	Not available [¶]	No chang

New Hampshire High School Survey

Black [*] Physic	* cal Acti	vity															
					Healt	th Risk	Behavi	or and	Percenta	ges					Linear Change [†]	Quadratic Change ^{\dagger}	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009 2	2011 2	013 2015	2017	2019	2021			
of phys		tivity th									y on 5 or mo of the time d						
		5,									43.2	49.1	43.9	42.9	No linear change	Not available [¶]	No change
day (in	n any ki		nysical a	activity							of physical a eathe hard so 22.5				No linear change	Not available	No change
kind of		al activ									s per day on ome of the t						
											23.9	31.4	28.0	25.3	No linear change	Not available	No change

New Hampshire High School Survey

Black [;] Physic	* cal Acti	vity			Heal	lth Risk	Behavi	ior and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
				before th		oncussic ey)	n irom	piaying	a sport	or bein	g pnysic		21.1		17.3	No linear change	Not available [¶]	No change

New Hampshire High School Survey

Black ³ Other																		
					Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [†]	Quadratic Change ^{\dagger}	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
			studen the surv		saw a de	entist (fo	or a che	ck-up, e	exam, te	eth clea	ning, or	other of	lental w	ork, du	ring			
												63.1	70.9	69.7	69.1	No linear change	Not available [¶]	No change
QNNC work)	DDNT:	Percent	age of s	students	who ne	ever saw	a denti	st (for a	a check-	up, exa	m, teeth	cleanii	ng, or of	ther den	ntal			
,												5.9	4.8	5.3	3.4	No linear change	Not available	No change
QN86:	Percer	ntage of	studen	ts who g	got 8 or	more h	ours of s	sleep (o	n an ave	erage sc	chool nig	ght)						
												29.2	28.3	23.8	27.5	No linear change	Not available	No change

New Hampshire High School Survey

Trend Analysis Report

Black* Site-Added																	
				Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 [§]
1991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN87: Perce before the su		f studen	ts who ι	usually	did not	sleep in	their pa	rent's o	r guard	ian's ho	me (dur	ing the	30 days				
												7.8	4.6	1.9	No linear change	Not available [¶]	No change
QN88: Perco the survey)	entage of	f studen	ts who o	lescribe	ed their	grades ir	1 school	l as mos	stly A's 53.0	or B's (48.2	-	the 12 n 68.9	nonths b 63.2	efore 68.0	Increased, 2011-2021	No quadratic change	No change
QN89: Perce among stude					r never	wore a b	icycle ł	nelmet ((during	the 12 r	nonths	before t	he surve	ey,			
											~ ~ ~						
											80.5	80.1	77.8	73.3	No linear change	Not available	No change
QN90: Perce	entage of	f studen	ts who d	did not a	always	wear a se	eat belt	when d	lriving (among					No linear change	Not available	No change

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

New Hampshire High School Survey

Black* Site-A								_	_									~
					Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
	Percer efore th			ts who c	carried a	a weapo	n (such	as a gu	n, knife	, or clut	o, on at	least 1	day duri	ng the 3	30			
j			,										11.8	14.2	10.5	No linear change	Not available [¶]	No change
0.000							11											
									of plain ore the s		one or m	ore tim	es per d	ay (cou	ntıng			
													72.7	71.5	68.7	No linear change	Not available	No change
	TEDA	Damas																
									of plain ore the s		wo of h	lore tim	es per d	lay (cou	inting			
					_	0												

New Hampshire High School Survey

Trend Analysis Report

Black [:] Site-A																		
					Heal	th Risk	Behavi	or and]	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
								r glass o iys befor			hree or	more tii	nes per	day (co	ounting			
													51.5	53.5	51.0	No linear change	Not available [¶]	No change
spend	time wi months	th, bein	g humil	liated in	front o	f others	, or bein	g threat	ened if	they di	d not d	o they co o what t uring the	hey wai	ited, du	ring			
	57												23.0	19.6	23.1	No linear change	Not available	No change
								wanted e survey		advanc	e becau	ise of an	other st	udent's				
														4.9	1.7	Decreased, 2019-2021	Not available	Decreased

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

New Hampshire High School Survey

Black* Site-A																		
					Heal	th Risk	Behavi	ior and	Percent	ages						Linear Change [†]	Quadratic Change †	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
did not	want to	o do (co	ounting	such thi	ngs as l	cissing,	touchin	ig, or ph	ng or goi ysically months	forcing	g them	to have						
													9.3	3.1	4.1	No linear change	Not available [¶]	No change
	ontin, Po								drug with x, one or						e the			
·												11.7	10.0	4.2	6.6	No linear change	Not available	No change
			of studer ring the						ing a put	olic me	essage a	bout av	oiding a	lcohol	or			

New Hampshire High School Survey

Black [®] Site-A																		
					Healt	th Risk	Behavi	ior and	Percent	tages						Linear Change [†]	Quadratic Change †	Change from 2019-2021 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
							bottle of the sur		of plain	water (countir	ng tap, t	ottled,	and	:			
													6.8	9.5	10.5	No linear change	Not available [¶]	No change
(for ex coffee	ample, drinks,	Gatorac	le or Po d milk,	werAde Snapple	e), energ	gy drink	s (for e	xample,	f a sugar , Red Bu ing soda	ll or Jol	t), lem	onade, s	weeten	ed tea o	or			
													21.7	19.8	22.3	No linear change	Not available	No change
				nts who ths befo			r nurse	(for a cl	heck-up	or phys	ical exa	am whe	n they	were no	t sick			

New Hampshire High School Survey

Black* Site-A																		
					Healt	th Risk	Behavi	or and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN105	5: Perce	entage o	of stude	nts who	have ev	ver been	ı told by	a docto	or or a r	nurse th	at they l	nave ast	hma	1				
														19.4	23.3	No linear change	Not available [¶]	No change
						ver slept le 30 day				nts or gu	ardians	becaus	e they w	vere kic	ked			
													9.1	5.9	5.8	No linear change	Not available	No change
if they	take a j		tion dru			eople ar									ways)			
										45.7	55.1	54.1	51.9	49.0	54.0	No linear change	No quadratic change	No change

New Hampshire High School Survey

Trend Analysis Report

Black [*] Site-A					Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change †	Quadratic Change [†]	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
									l it woul wine, oi			very wr	ong for	them to	have			
												49.9	56.8	61.2	60.7	No linear change	Not available [¶]	No change
	9: Perco marijua		of stude	nts who	reporte	d that th	heir frie	nds feel	l it woul	d be wi	rong or	very wr	ong for	them to)			
	j											38.3	39.5	40.8	49.9	No linear change	Not available	No change
	ription								l it woul ntin, Per									
												68.8	78.3	79.2	78.5	Increased, 2015-2021	Not available	No change

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

⁸Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

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Black [:] Site-A					Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [†]	Quadratic Change †	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
			of studer day (bee				ongly ap	prove o	of some	one thei	r age ha	ving or	ne or tw	o drinks	s of			
												16.7	10.8	12.3	6.8	Decreased, 2015-2021	Not available [¶]	No change
						ed that the the second se					rong or	very wi	ong for	them to	o have			
												86.1	84.0	86.1	85.3	No linear change	Not available	No change
·	3: Perce marijua	U	of stude	nts who	reporte	d that th	neir pare	ents fee	l it wou	ld be w	rong or	very wi	ong for	them to)			
												78.9	79.3	77.8	81.2	No linear change	Not available	No change

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Trend Analysis Report

Black* Site-A																		
					Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change [†]	Quadratic Change ^{\dagger}	Change from 2019-2021 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
	ription					ed that the the the the the the the the the th												
												87.6	91.0	87.8	89.9	No linear change	Not available [¶]	No change
			of stude	nts who	think it	t would	be very	easy fo	r them t	o get s	ome alc	ohol if t	they wa	nted to	(beer,			
wine, (or liquo	1)										34.7	43.7	31.2	20.3	Decreased, 2015-2021	Not available	Decreased
QN126	6: Perco	entage o	of stude	nts who	think it	t would	be very	easy fo	r them t	o get s	ome ma	rijuana	if they	wanted	to			
												45.3	47.7	37.7	23.0	Decreased, 2015-2021	Not available	Decreased

*Non-Hispanic.
*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
*Based on t-test analysis, p < 0.05.
*Not enough years of data to calculate.

New Hampshire High School Survey

Black ^a Site-A					Heal	th Risk	Behavi	or and	Percen	tages						Linear Change †	Quadratic Change [†]	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
											prescrij Iderall,				ctor's			
												19.8	21.2	15.3	8.2	Decreased, 2015-2021	Not available [¶]	Decreased

New Hampshire High School Survey

Trend Analysis Report

Hispa Injury		iolence																
					Heal	th Risk	Behavi	or and	Percen	itages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN8:	Percent	tage of s	students	who di	d not al	ways w	ear a se	at belt (when r	iding in	a car dr	iven by	someo	ne else)				
						69.4	65.8	67.6	63.5	66.2	61.9	54.3	54.6	45.8	48.0	Decreased, 2003-2021	No quadratic change	No change
-		0		who ro s before		a drive rvey)	r who h	ad beer	ı drinkiı	ng alcoł	ol (in a	car or o	other ve	hicle, o	ne or			
						25.7	26.6	50.4	40.8	45.9	31.8	25.4	24.2	21.2	19.9	Decreased, 2003-2021	No change, 2003-2007 Decreased, 2007-2021	No change
times of		he 30 da				car or o among s												
											27.7	20.4	17.8	13.1	8.4	Decreased, 2013-2021	Not available [§]	Decreased

New Hampshire High School Survey

Trend Analysis Report

					Heal	th Risk	Behavi	or and	Percen	itages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
-		0							0		r vehicle during th	·		2	0			
											56.6	47.9	46.3	45.3	41.3	Decreased.	Not available [§]	No change
											0010	.,,,,	10.5	10.0		2013-2021		i to enung
			f student vs before			a weapo	n on sch	nool pro	operty (such as	a gun, k			-				
						a weapo	n on sch	nool pro	operty (such as				-			Not available	No change
day du QN14:	ring the	e 30 day	s before	e the sur	tid not g	go to scl		cause th				mife, or	club, o 8.1	n at leas 6.7	st 1 5.0	2013-2021 Decreased,		

New Hampshire High School Survey

Trend Analysis Report

Hispaı Injury		iolence			Healt	th Risk	Behavi	or and	Percen	tages						Linear Change [*]	Quadratic Change*	Change from
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			2019-2021 *
							l or inju fore the			oon on s	school p	roperty	(such a	s a gun,	knife,			
													13.3	12.7	9.8	No linear change	Not available [§]	No change
		ntage of the sur		ts who v	vere in	a physic	cal fight	on sch	ool prop	berty (o	ne or m	ore time	es durin	g the 12				
														16.8	7.4	Decreased, 2019-2021	Not available	Decreased
QN19:	Percei	ntage of	studen	ts who v	vere eve	er physi	cally fo	rced to	have se	xual int	ercours	e (when	they di	d not w	ant to)			
						6.4	5.5	32.5	22.2	18.1	11.4	18.0	12.1	12.5	13.4	No linear change	No quadratic change	No change

New Hampshire High School Survey

No change
-

New Hampshire High School Survey

Injur	y and V	iolence			Heal	th Risk	Behavio	or and Per	centag	ges						Linear Change [*]	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007 20	09 2	011	2013	2015	2017	2019	2021	-		
someo with a	ne they n object	were da or wea	ating or pon] on	going o e or mo	out with	counti] s during	ng such	ting violen things as b nonths bef vey)	eing h	it, slar	mmed	into son	nething	, or inju				
											11.5	18.1	14.4	14.3	12.3	No linear change	Not available [§]	No change
QN23	: Percer	ntage of	studen	ts who v	were bu	llied on	school p	property (e	ver du	ing th	ne 12 n	nonths b	before tl	he surve	y)			
								27	7.6 3	5.0	21.6	27.1	25.3	23.2	18.9	Decreased, 2009-2021	No quadratic change	Decreased
								ied (counti before the			lied th	rough te	exting, 1	Instagra	m,			

New Hampshire High School Survey

Trend Analysis Report

mjury	nic y and V	iolence																
					Heal	th Risk	Behav	ior and	Percer	ntages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
						or hope 12 mon				for >=2	e weeks	in a row	so tha	t they st	opped			
						44.9	38.0	49.8	44.0	39.4	30.5	38.9	36.2	40.9	52.4	No linear change	Decreased, 2003-2017 Increased, 2017-2021	Increased
QN26	: Perce	ntage of	f studen	ts who s	seriousl	y consic	lered at	temptin	g suicic	le (durir	ng the 1	2 month	s befor	e the su	rvev)			
															2 /			
						27.7	10.5	24.5	26.6	24.2	15.4			24.6	28.3	No linear change	No quadratic change	No change
		ntage of	studen	ts who i	made a	27.7 plan abo						24.8	22.1	24.6	28.3	No linear change	No quadratic change	No change
QN27 the sur		ntage of	fstuden	ts who i	made a							24.8	22.1	24.6	28.3	No linear change Increased, 2019-2021	No quadratic change Not available [§]	No change
the sur	rvey) : Perce						out how	they w	ould att	empt su	iicide (d	24.8 uring th	22.1 te 12 m	24.6 onths be 19.4	28.3 efore 23.3	Increased,		

New Hampshire High School Survey

Hispa Injury	nic y and V	iolence							_							- · · · *		
					Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
	: Percented by a									n injury	, poisoi	ning, or	overdo	se that h	nad to			
							1.5	21.0	9.3	17.7	5.6	8.3	5.6	6.4	4.4	Decreased, 2005-2021	No quadratic change	No change

New Hampshire High School Survey

Trend Analysis Report

Hispani Tobacco																		
					Heal	th Risk	Behavior	and P	ercen	itages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
							ctronic va s JUUL, S						, vapes,	vape pe	ens,			
													56.5	57.8	39.6	Decreased, 2017-2021	Not available [§]	Decreased
	cigars,	e-hook	ahs, ho	okah pe	ns, and		n electror such as JU											
U		2										32.7	32.0	40.6	19.6	Decreased, 2015-2021	Not available	Decreased
QNFRE during th						rently u	sed electi	onic va	apor p	roducts	frequen	tly (on	20 or m	nore day	'S			
												10.9	9.9	17.7	9.7	No linear change	Not available	Decreased

New Hampshire High School Survey

Hispa Tobac	nic co Use				Heal	th Risk	Behavi	ior and	Percen	itages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
-		P: Perce ne surve	U	f studen	ts who	currentl	y used e	electron	ic vapoi	r produc	ets daily	v (on all	30 days	s during	the 30			
												9.4	7.9	14.4	7.2	No linear change	Not available [§]	Decreased

New Hampshire High School Survey

Trend Analysis Report

Alcoh	ol and (Other I)rug Us	e	Healt	th Risk	Behavi	or and	Percen	ntages						Linear Change [*]	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN40:	Perce	ntage of	student	s who l	nad their	r first dr	ink of a	lcohol	before a	age 13 y	ears (ot	her thai	n a few	sips)				
							25.4	47.7	31.4	37.0	27.8	23.2	23.1	19.0	17.0	Decreased, 2005-2021	No quadratic change	No change
		ntage of e the su		s who c	currently	y drank	alcohol	(at leas	st one d	rink of a	alcohol,	on at le	ast 1 da	y durin	g the			
							40.8	57.7	41.9	57.4	46.8	35.6	38.6	30.8	22.3	Decreased, 2005-2021	No change, 2005-2011 Decreased, 2011-2021	Decreased
were f	emale o	r five o		lrinks o	f alcoho	y were b ol in a ro												
														18.0	13.1	No linear change	Not available [§]	Decreased

New Hampshire High School Survey

Trend Analysis Report

Hispa Alcoh		Other I	Drug Us	e														
					Heal	th Risk	Behavi	ior and	Percei	ntages						Linear Change [*]	Quadratic Change*	Change from 2019-2021 *
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
							alcohol tly dran			someor	ne givin	g it to th	em (du	ring the	30			
										19.4	23.3	27.8	30.7	23.8	34.0	No linear change	No quadratic change	Increased
QN46	Percer	ntage of	studen	ts who t	ried ma	rijuana	for the	first tin	ne befoi	re age 1	3 years		-	-	-			
							13.2	31.5	19.3	22.1	16.6	16.2	14.9	12.7	7.8	Decreased, 2005-2021	No quadratic change	Decreased
QN47	Percer	ntage of	studen	ts who o	currently	y used 1	marijuai	na (one	or more	e times	during t	he 30 da	ays befo	ore the s	urvey)			
							34.7	45.1	34.0	37.6	34.3	31.5	35.3	33.2	22.3	Decreased, 2005-2021	No quadratic change	Decreased
QN48	Percer	ntage of	studen	ts who e	ever use	ed synth	netic ma	rijuana	(one or	more t	imes du	ring thei	ir life)					
												18.0	12.5	14.5	12.9	No linear change	Not available [§]	No change

New Hampshire High School Survey

Trend Analysis Report

Hispani Alcohol		ther D	Orug Us	se														
					Heal	th Risk	Behav	ior and	l Percei	ntages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN52: times du				ts who o	ever use	d heroii	n (also	called "	smack,	' "junk,'	" or "Ch	ina Wh	ite," one	e or moi	e			
						10.2	9.7	27.0	18.1	18.2	14.7	10.5	6.1	6.6	4.0	Decreased, 2003-2021	No change, 2003-2009 Decreased, 2009-2021	Decreased
QN53: or "meth							ampheta	amines	(also ca	lled "sp	eed," "c	rystal n	neth," "o	crank,"	"ice,"			
						16.6	13.2	31.1	17.4	20.1	15.9	10.6	6.9	7.6	4.4	Decreased, 2003-2021	No quadratic change	Decreased
QN54: their life		tage of	studen	ts who o	ever use	ed ecstas	sy (also	called	"MDM.	A" or "N	Molly," (one or n	nore tin	nes duri	ng			
						14.1	4.2	27.6	21.4	25.8	23.3	14.0	8.6	9.7	5.6	Decreased, 2003-2021	No change, 2003-2011 Decreased, 2011-2021	Decreased
QN56: months				ts who	were of	fered, so	old, or g	jiven ar	n illegal	drug or	n school	propert	y (durir	ng the 12	2			
						30.5	30.5	36.6	46.6	36.1	31.8	25.6	23.9	26.4	20.1	Decreased, 2003-2021	No quadratic change	Decreased

 * Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. * Based on t-test analysis, p < 0.05.

New Hampshire High School Survey

Trend Analysis Report

Sexual					Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN57:	Perce	ntage of	f studen	ts who	ever ha	d sexual	interco	urse		-								
						53.8	53.0	67.8	58.4	60.0	54.4	52.6	51.1	47.6	34.3	Decreased, 2003-2021	Decreased, 2003-2017 Decreased, 2017-2021	Decreased
QN58:	Perce	ntage of	f studen	ts who	had sex	ual inter	course	for the f	ïrst tim	e before	e age 13	years	1					
						6.4	8.1	27.0	20.9	23.4	19.6	12.5	8.6	6.8	4.7	Decreased, 2003-2021	No change, 2003-2011 Decreased, 2011-2021	No change
QN59:	Perce	ntage of	f studen	ts who	had sex	ual inter	course	with fou	ir or mo	ore perso	ons duri	ing their	life		i			
													18.1	14.3	7.8	Decreased, 2017-2021	Not available [§]	Decreased
		ntage of nonths l				rrently s	exually	active	(had sez	xual inte	ercourse	e with at	t least o	ne perso	on,			
						45.1	42.0	62.4	47.1	47.6	45.9	42.9	36.6	33.9	24.4	Decreased, 2003-2021	Decreased, 2003-2017 Decreased, 2017-2021	Decreased

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Hispanic

[§]Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Hispanic Sexual Behaviors Health Risk Behavior and Percentages Linear Change* **Quadratic Change**^{*} Change from 2019-2021 * 1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017 2019 2021 QN61: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active) 52.0 55.0 44.5 43.9 33.0 31.6 29.0 22.8 Decreased, No quadratic change No change 2007-2021 QN62: Percentage of students who used a condom during last sexual intercourse (among students who were currently sexually active) 47.0 47.3 55.1 50.4 47.3 43.9 No linear change No quadratic change No change QN83: Percentage of students who were tested for a sexually transmitted disease (STD) other than HIV, such as chlamydia or gonorrhea (during the 12 months before the survey) 13.0 8.7 Decreased. Not available§ Decreased 2019-2021

New Hampshire High School Survey

Trend Analysis Report

			t and D	v	Heal		Behavi	or and	Percen	itages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
							eight (>= the 2000					centile	for bod	y mass i	ndex,			
							16.9	15.6	11.5	14.2	16.2	13.9	18.3	15.5	15.9	No linear change	No quadratic change	No chang
							y (>= 9 wth char		centile f	or body	mass ir	ndex, ba	used on	sex- and	l	·		
							11.6	21.0	16.8	26.5	16.4	16.3	17.6	17.0	19.0	No linear change	No quadratic change	No chang
QN67	: Perce	ntage of	studen	ts who	were try	ring to l	ose weig	ght	. <u></u>		. <u></u>		<u>.</u>	48.9	47.2	No linear change	Not available [¶]	No change
	· Perce						can, bot						oke, Pej	osi, or S	prite,	·		
	ounting of	liet soda	a or urei	. pop, oi	le or mo	ore time	s during	sum / v	uays oc	tore the	Sen (ej)							

 * Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. * Based on t-test analysis, p < 0.05.

⁸Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions. ^INot enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

					Healt	th Risk	Behavio	or and 1	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
							n, bottle, liet pop,							er day (such			
												20.3	18.1	14.2	14.2	Decreased, 2015-2021	Not available [§]	No change
							n, bottle, liet pop,							er day (such			
												16.1	12.2	11.2	10.3	No linear change	Not available	No change
QN76	: Perce	ntage of	studen	ts who o	did not e	eat breal	cfast (du	ring the	e 7 day	s before	the sur	vey)						
														18.8	24.0	Increased, 2019-2021	Not available	Increased

New Hampshire High School Survey

					Heal	th Risk	Behavio	or and	Percent	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QNBK	7DAY	Perce	ntage of	student	s who a	ate breal	cfast on	all 7 da	ys (duri	ng the '	7 days t	before th	ne surve	y)				

New Hampshire High School Survey

01	cal Acti	vity			Healt	th Risk	Behav	vior a	nd Perce	ntages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 *
1991	1993	1995	1997	1999	2001	2003	2005	20	07 2009	2011	2013	2015	2017	2019	2021			
of phy		tivity th							ast 60 mir n breathe									
) /											10.0	28.0	40.2	No linear shares	NT / 1118	NT 1
											41.5	42.9	43.0	38.9	40.3	No linear change	Not available [§]	No change
day (ii	1 any ki	nd of pl		activity					n at least 6 ate and ma		es of ph	ysical a	ctivity of	on at lea	st 1		Not available ^s	No change
day (ii	1 any ki	nd of pl	nysical a	activity							es of ph	ysical a	ctivity of t	on at lea	st 1	No linear change	Not available ^s	No change
day (ii during QNPA kind o	n any ki the 7 d	nd of pl ays before Percer cal activ	hysical a ore the s	activity survey)	that inc	reased t	heir he	art ra		ade them	es of ph breathe 14.0 ites per	ysical a hard sc 23.9 day on	ctivity of total of the second	on at lea he time 22.9 ys (in an	st 1 19.1			

New Hampshire High School Survey

Hispar Physic	nic cal Acti	vity			Heal	lth Risk	Behavi	ior and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		2019-2021
				ts who l before th		oncussic ey)	on from	playing	a sport	or bein	g physic	cally act	tive (on	e or mo	re			
													17.9	18.0	17.1	No linear change	Not available [§]	No change

New Hampshire High School Survey

Trend Analysis Report

Hispar Other																		
					Healt	th Risk	Behavi	or and	Percen	itages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
		ntage of before			aw a de	entist (fo	or a cheo	ck-up, e	exam, te	eth clea	aning, or	other o	lental w	ork, du	ring			
												69.1	70.9	71.9	70.6	No linear change	Not available [§]	No change
QNNC work)	DNT:	Percent	age of s	tudents	who ne	ever saw	a denti	st (for a	a check	-up, exa	im, teeth	cleani	ng, or of	ther den	tal	·		
												5.4	4.5	5.4	3.0	No linear change	Not available	Decreased
QN86:	Percer	ntage of	student	s who g	got 8 or	more ho	ours of s	sleep (o	n an av	erage so	chool nig	ght)			<u>.</u>			
												22.8	21.4	22.5	21.6	No linear change	Not available	No change

New Hampshire High School Survey

Trend Analysis Report

Hispanic Site-Added																
			Heal	th Risk	Behavi	or and	Percer	ntages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991 1993	1995 1997	7 1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN87: Percent before the surve		ents who	usually	did not s	sleep in	their p	arent's	or guard	ian's ho	me (du	ring the	30 days				
											8.6	6.2	3.8	Decreased, 2017-2021	Not available [§]	Decreased
QN88: Percent the survey)	tage of stude	ents who	describe	ed their g	grades in	n schoo	ol as mo	ostly A's	or B's (during	the 12 r	nonths l	oefore			
					55.2	43.3	57.4	53.4	58.4	57.7	65.8	68.2	67.2	Increased, 2005-2021	No quadratic change	No change
QN89: Percent among students				r never v	wore a b	oicycle	helmet	(during	the 12	months	before t	he surv	ey,			
						85.5	83.1	84.3	84.9	74.1	80.6	72.7	77.5	Decreased, 2007-2021	No quadratic change	No change
QN90: Percent	tage of stude	ents who	did not	always v	wear a s	eat bel	t when	driving	(among	student	s who d	rive a c	ar)			
									51.7	39.5	37.3	28.5	21.9	Decreased, 2013-2021	Not available	Decreased

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Hispa Site-A																	
					Heal	th Risk	Behavior	and Pe	rcentage	S					Linear Change [*]	Quadratic Change*	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005 2	2007 20	009 20	11 20	13 2015	5 2017	2019	2021	-		
	Percer efore th			ts who c	carried a	a weapo	n (such as	a gun, k	cnife, or	club, on	at least 1	day dur	ing the	30			
												22.4	15.5	13.8	Decreased, 2017-2021	Not available [§]	No change
							bottle or g the 7 days				r more tii	nes per o	day (cou	inting			
												72.7	79.8	74.8	No linear change	Not available	Decreased
							bottle or g the 7 days				r more ti	nes per o	day (cou	inting			
												66.0	73.8	69.3	No linear change	Not available	Decreased

New Hampshire High School Survey

Trend Analysis Report

Hispan Site-Ac																		
					Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
						drank a , during					hree or	more tii	nes per	day (co	ounting			
													54.6	60.7	54.0	No linear change	Not available [§]	Decreased
them of spend t	r emoti time wi months	onally l th, bein	nurt thei g humil	m one o liated in	r more front o	l someon times (c f others, dents wh	ounting , or bein	such th g threat	ings as ened if	being t they di	old who d not do	they co what t	ould and hey war	l could i ited, dui	not ring			
													29.1	30.7	38.2	Increased, 2017-2021	Not available	Increased
						perience nonths b				advanc	e becau	se of an	other st	udent's	:			
														7.7	7.3	No linear change	Not available	No change

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Hispa Site-A																		
					Heal	th Risk	Behavio	r and Pe	ercenta	ges						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007 2	2009 2	2011	2013	2015	2017	2019	2021	-		
did not	t want t	o do (co	ounting	such thi	ngs as l	kissing,	they wer touching touring	, or phys	ically fo	orcing	g them t	o have						
													5.6	5.7	6.0	No linear change	Not available [§]	No change
	ontin, P						a prescrij Ritalin, or								re the			
									2	29.1	19.3	16.9	9.0	11.0	8.4	Decreased, 2011-2021	No quadratic change	No change
							reading, survey)	or seeing	g a publ	ic me	essage a	bout av	voiding	alcohol	or			
												70.9	62.4	62.7	51.7	Decreased, 2015-2021	Not available	Decreased

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Hispar Site-A																	
					Healt	th Risk [Behavior a	nd Perce	ntages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005 200	7 2009	2011	2013	2015	2017	2019	2021			
-		•					U		n water	(countir	ng tap, b	ottled,	and				
	Ĩ	U		U	2							7.5	5.9	6.4	No linear change	Not available [§]	No change
(for ex coffee	QN102: Percentage of students who did not drink a bottle or glass of plain water (counting tap, bottled, and unflavored sparkling water, during the 7 days before the survey) 7.5 5.9 6.4 No linear change Not available [§] No change QN103: Percentage of students who drank a can, bottle, or glass of a sugar-sweetened beverage (such as sports drinks (for example, Gatorade or PowerAde), energy drinks (for example, Red Bull or Jolt), lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, or Sunny Delight, not counting soda or pop, one or more times per day during the 7 days before the survey)																
												23.6	23.3	18.7	No linear change	Not available	Decreased
					saw a core the s		nurse (for a	a check-u	p or phy	sical exa	am whe	n they v	vere not	sick			
											69.9	65.5	73.6	71.0	No linear change	Not available	No change

New Hampshire High School Survey

Hispa Site-A					Healt	th Risk	Behavi	or and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN10	5: Perce	entage o	of stude	nts who	have ev	ver been	told by	a doct	or or a r	nurse th	at they l	nave ast	hma		-			
														27.6	26.1	No linear change	Not available [§]	No change
						ver slept e 30 day				nts or gu	uardians	becaus	e they v	were kic	ked			
													11.1	10.8	6.9	Decreased, 2017-2021	Not available	Decreased
if they		prescrip	tion dru			eople ar ctor's pro									ways)			
										41.9	50.1	50.0	54.4	47.6	47.7	No linear change	No quadratic change	No change

New Hampshire High School Survey

Trend Analysis Report

Hispa Site-A																	
					Heal	th Risk]	Behavior a	and Perce	ntages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005 20	07 2009	2011	2013	2015	2017	2019	2021	-		
							eir friends ery day (bo				very wr	ong for	them to	o have			
										39.6	48.0	51.6	57.8	57.5	Increased, 2013-2021	Not available [§]	No change
-): Perc mariju	U	of stude	nts who	reporte	d that th	eir friends	feel it wo	uld be w	rong or	very wr	ong for	them to)			
										29.3	34.9	30.7	35.7	44.7	Increased, 2013-2021	Not available	Increased
-	ription	0					eir friends uch as Oxy			0	2	0					
										60.4	68.8	71.2	75.6	77.6	Increased, 2013-2021	Not available	No change

New Hampshire High School Survey

Trend Analysis Report

Hispar Site-A																		
					Heal	th Risk	Behavio	or and	Percen	ntages						Linear Change [*]	Quadratic Change*	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
					approv , or liqu	e or stro lor)	ongly ap	prove o	of some	one the	ir age ha	aving or	ne or tw	o drink	s of			
											19.9	19.4	14.3	10.4	7.6	Decreased, 2013-2021	Not available [§]	No change
						ed that th nearly ev						very wi	rong for	them to	o have			
											76.2	80.3	81.9	82.7	83.8	Increased, 2013-2021	Not available	No change
-	3: Perco marijua	0	of stude	nts who	reporte	ed that th	eir pare	nts fee	l it wou	ild be w	rong or	very wi	rong for	them to	0			
											71.7	75.0	72.1	73.7	79.7	No linear change	Not available	Increased

New Hampshire High School Survey

Trend Analysis Report

Hispar Site-A																		
					Heal	th Risk]	Behavio	or and	Percen	ntages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
	ription					ed that th iption (s												
											80.7	87.1	86.7	88.2	88.8	Increased, 2013-2021	Not available [§]	No change
-	5: Perce or liquo	•	of stude	nts who	think it	t would l	be very	easy fo	or them	to get s	ome alc	ohol if	they wa	nted to	(beer,			
											47.5	42.1	39.4	36.5	27.7	Decreased, 2013-2021	Not available	Decreased
QN12	6: Perce	entage o	of stude	nts who	think it	t would l	be very	easy fo	or them	to get s	ome ma	rijuana	if they	wanted	to			
								51.8	50.4	55.1	58.9	50.4	55.0	48.5	30.8	Decreased, 2007-2021	No change, 2007-2017 Decreased, 2017-2021	Decreased

New Hampshire High School Survey

Trend Analysis Report

Hispa Site-A									-							***		
					Heal	th Risk	Behavi	or and	Percen	itages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
-		0					be very Percocet	-		eine, Ao	lderall,	Ritalin,	or Xan	ax)				
										33.5	27.6	23.6	18.8	14.9	9.3	Decreased, 2011-2021	No quadratic change	Decreased

 * Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. * Based on t-test analysis, p < 0.05.